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WinterFest
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of Events
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Specials

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The Bethel Citizen

Vol. CXIV - No. 41

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Serving Bethel and neighboring communities in the mountains of western Maine

Valentine's gift gladdens hearts at historical society

By ALISON ALOISIO

Thanks to the largest gift ever received from an individual, the Bethel Historical Society will likely break ground this spring on a long-planned building project.

BHS has received a \$200,000 bequest from Mary Valentine, a retired librarian who volunteered at the society for more than 35 years.

The funds are expected to go toward a 1,600-square-foot addition to the society's O'Neil Robinson House. The 1821 house is located on Broad Street next to the society's other property, the Dr. Moses Mason House.

The addition will closely match an original ell that formerly connected the house to a barn (no longer standing) behind it. The society bought the Robinson House from the Bethel Inn in 1998.

"The new wing will do much to return the Robinson House to its 19th century appearance, while allowing for 21st century state-of-the-art museum design and technology inside," said Ran-

The new addition will be named for Mary Valentine

dy Bennett, BHS executive director.

For the past several years, society volunteers have been sorting and inventorying more than 30,000 items collected through purchases and donations since the organization was established in 1966.

The new wing, said Bennett, will provide space "to properly store collections and provide an area for staff and volunteers to sort and catalog artifacts, and for scholars, students and visitors to examine them."

While Valentine's bequest will allow for substantial work on the wing, additional funds must be raised to complete it, he said.

"Some of the money raised for the project will go directly toward covering construction costs, while other funds will be invested to generate the

See BHS, Page 4



NIMBLE NINJA-Michael Storer, 5, of Bethel leaps over a stack of pads at a recent karate class at Crescent Park Elementary School. Classes are taught by Liesha Petrovich of Maine Kyokushin Karate in Norway. (Photo: A. Aloisio)

Karate teaches skills and focus

By ALISON ALOISIO

Once a week, an instructor teaches kicking and punching to eager students at Crescent Park Elementary School in Bethel.

The sessions do not represent a loss of discipline. In fact, by the end of each course the students are more disciplined and focused than when they started.

For the past six years, Liesha Petrovich of Maine Kyokushin Karate School in Norway has been teaching karate at CPS in a weekly afterschool program sponsored by the Mahosuc Kids' Association.

Liesha and her husband, Martin, have operated their school for nearly 20 years. He first learned karate while he was in the Navy, stationed in Japan. He holds a fifth-degree black belt.

Liesha has a third-degree black belt.

She said that while many people look at a black belt as an expert, "a low-ranking black belt is merely a beginning student. They have all the basics down and are now ready to really learn."

The style of karate the Petroviches teach, she said, "is straight up punching and kicking. There's not a lot of bells and whistles."

Traditionally Kyokushin participants do not use pads or gloves. But at CPS, said Petrovich, "that's not how I or my kids fight."

The youngsters are divided into two groups, by age: kindergarten through second grade learn Ninja techniques in half-hour classes, while third through fifth grades learn Samurai in hour-long sessions.

Ninja, said Petrovich, "is like riding a bike with training wheels."

The youngest students learn basic foundation skills for kicking and punching, and in the process they learn control, discipline, focus and respect, she said.

They also learn to "spar" using pads and foam swords.

See KARATE, Page 3

Bethel selectmen plan referendum on dog park

By ALISON ALOISIO

At the direction of selectmen, Town Manager Jim Doar will draft language for a June referendum on Bethel's dog park proposal.

The June vote would coincide with the annual referendum to elect selectmen and other town officials.

The board last week received a 125-signature "opinion poll" that said signers oppose the use of town funds to build the park on town land. The poll was presented by resident Sue Cross, according to Doar.

Selectmen and several citizens discussed the dog park issue at Monday's board meeting.

Selectman Pat Carter said there is a lot of strong feeling about the park, and most of what she has heard is negative.

Selectmen last summer authorized Doar to appoint Steve Wight of Newry as the agent, representing a dog park planning committee, to present a plan to the Bethel Planning Board. The proposal is currently under consideration by that board.

The park would be located on town land behind the

Shell Station/Dunkin Donuts on Route 2.

The plan has been likened to the skatepark at the other end of the Parkway - a town project on town land, but with construction privately funded.

The cost to clear the land, do site work and install a chainlink enclosure is estimated at \$33,800. The committee has said all those funds will be raised privately.

But some Bethel residents are skeptical that the financial burden will be entirely private, par-

See DOGS Page 3

Selectmen eye temporary directional signs for Black Diamond Steakhouse

By ALISON ALOISIO

The Maine Department of Transportation has asked Bethel to allow the installation of temporary directional signs on state routes to point the way to the Black Diamond Steakhouse, according to town officials.

The steakhouse is located on the Sunday River Road in Bethel, off Route 2.

Some selectmen, however, were wary of the request, and said at their meeting Monday they want input from other businesses located on the

edges of town before making a decision.

Bethel has a memorandum of understanding with MDOT under which the town administers roadside directional signs within its borders.

But the town also has a Committee on Sign Ordinance Reform currently working on proposed changes to the ordinance that governs those signs. Residents will vote on the proposal at their June town meeting.

Town Manager Jim Doar said that an MDOT official had contacted him to

say that a business had requested state directional signs in other towns, and if the state installed them there, signs would also be needed in Bethel in order to get motorists to the business.

Doar said the official asked the town to put up temporary kiosks on which the business signs could be placed. But Doar said he did not want the town spending money to install the structures now.

The MDOT official then said the state would do the

See SIGNS, Page 5

Pipeline officials to be invited back

By ALISON ALOISIO

Portland-Montreal Pipeline executives will get a chance to make their case for pipeline safety to Bethel residents Feb. 27.

They were denied that opportunity Jan. 30 at a special town meeting.

At that meeting a resolution was approved that opposed a potential reversal of the direction of oil flow through a PMPL pipeline that passes through Bethel as it carries crude oil to Montreal.

Resolution supporters worry PMPL might reverse the flow in order to carry diluted bitumen ("tar sands") oil from Canada to Portland, and that the composition

of that oil would increase the likelihood of a pipeline break or spill.

The Jan. 30 vote was taken before the oil industry representatives, several of whom traveled here from Portland and Boston, could speak. A motion to "call the question" (stop debate and vote) was quickly made and approved after only three people had spoken, all of them in favor of the resolution.

"That's not the way we do business," said Selectman Don Bennett at Monday's board meeting.

He said that after the town meeting ended, he regretted he hadn't spoken up to allow more debate.

Town Manager Jim Doar

said, "Any one of us sitting up at that table could have, should have."

Selectman Peter Southam said he believed that many people at the town meeting were "rusty" on their understanding of the rules of order of a meeting, resulting in confusion when the vote was taken on calling the question.

Added Bennett, "I had questions myself for [the officials] that they might not want to answer."

After Monday's discussion selectmen decided to hold a public forum, with a presentation by pipeline officials and a question and answer session, Feb. 27 at 7 p.m. at the Telstar High School Auditorium.

Blanco reading, reception Friday

A Bethel community celebration in honor of Inaugural Poet and Bethel resident Richard Blanco will be held Friday beginning at 6 p.m. with a free reading at the Bingham Auditorium, 45 Church St., Gould Academy.

A public "meet & greet" reception will follow at the Bethel Inn Conference Center at 7 p.m., featuring a birthday celebration for Blanco with hors d'oeuvres and a cash bar, according to organizers.

Seating for the reading is limited. Free tickets are limited to four per person and can be obtained at the Bethel Area Chamber of Commerce, the Bethel Town Office, Pok Sun Emporium, We've Got The Look Salon, Good Food Store, Gould Academy Book Store and Brooks Bros Hardware.

Last-minute tickets will be available at the Bethel Town Office from 4 to 5 p.m. If any tickets remain, they will be available on a first-come first-served basis at the reading. Admission is not guaranteed.

For more information: www.bethelmaine.org; info@bethelmaine.org; or 207-824-2669.

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Jeff Newsom
for his wife **Saranne**

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Letters

TAR SANDS VOTE WAS SOUND

To the Editor:

Thank you Bethel!
Thank you for passing a resolution against tar sands transport through your town, our region, and New England. Your leadership is important to many of us in towns nearby.

Bethel's resolution has helped to trigger a very positive development.

Our Representative Mike Michaud has joined Representative Chellie Pingree in calling for a full federal review if Big Oil wants to pump tar sands through our region.

Tar sands oil is more destructive than regular crude, from extraction to burning. Whether you are a supporter of clean water, indigenous rights, the local economy, or clean energy, tar sands is a terrible idea.

Bethel is the second town along the oil pipeline from Montreal to Portland to pass such a resolution (after Casco), but it will be far from the last.

We agree that the special town meeting process inadvertently cut off discussion. And like many of you, we remain willing to hear other views on this issue and address them on their merits.

Still, we believe your overwhelming vote in favor of the resolution was a sound one, passed by a well-informed group of voters.

Your vote says that Bethel stands up for our rivers, our communities, our natural resource economy, and our kids' future climate. That's something to be proud of.

*Jane Chandler and Jim Chandler, Woodstock
Rick Churchill, Robin Gorrell, Ken Hotopp, Bruce
Pierce, Newry
Kirk Siegel and Martha Siegel, Albany*

BLANCO RECEPTION

To the Editor:

To the Citizens of Bethel,

You are cordially invited to attend a poetry reading and reception in honor of Bethel resident and inaugural poet Richard Blanco on Friday, Feb. 15, from 6 until 7 p.m. in Bingham Auditorium at Gould Academy. This will be followed by a reception in the Bethel Inn Conference Center.

Light Hors D'Oeuvres will be available at the reception and there will be an opportunity for a brief question and answer session with Richard during the reading as well as to purchase his books and have them autographed. We ask that you bring cash or checks in order to purchase a book.

This is a community event and is free and open to the public, but seating in Bingham Auditorium is limited, so please be sure to get free tickets at the Bethel Area Chamber of Commerce, the Bethel Town Office, Pok Sun Emporium, We've Got The Look Salon, Good Food Store, Gould Academy Book Store and Brooks Bros. Hardware. We look forward to seeing you.

*James G. Doar
Town Manager*

SPEAK UP FOR AES

To the Editor:

When we entered the district in 1965, the people of Andover had already built our school. Our school was the high school in Andover. It is now Andover Elementary School and is the oldest school in SAD 44. Our school has had the least amount of money spent on it for repairs and maintenance. For years, we have been paying for the construction and upkeep of other schools while ours has not gotten the same attention. Since Andover Elementary School first opened, we have always had an on-site teaching principal. We really do need to have this again. After all, why mess with something that has worked so well for so many years?

As most people are aware of, Andover was in need of all new teachers and the teaching principal in the fall of 2012. As of one day before school was to start, we did not have all our teachers in place for Andover Elementary School. At the last minute, SAD 44 secured teachers, to everyone's relief. We did not, however, get an on-site teaching principal. Andover Elementary needs and deserves an on-site principal. Andover paid for it, and it is unfair to all teachers and students. Without SAD 44's help, parents must become aware, supportive and even remind your children about bullying. SAD 44 is letting Andover students, teachers and families down again by treating Andover Elementary as second rate – even though every year Andover students turn out to be top graduates.

What can you do as a parent? Speak out, let your feelings be known. Go to the school and volunteer, join the PTA. Be as involved as you can in the life of your child while he or she attends school. The children would love to have you there. There are a great group of parents in the PTA this year and they would enjoy your participation.

*Brenda Rowe
Andover*

The Bethel Citizen

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BETHEL VOTERS COMMENDED ON TAR SANDS

To the Editor:

I would like to commend the people of Bethel, not only for their recent passage of a resolution opposing the carrying of tar sands oil through Bethel, but for the decisiveness with which they acted. Reading the Citizen Thursday morning I was surprised to see some otherwise rational people suggest that proponents of the measure somehow cheated to get their way. If that is true, the front-page article and three editorials (all critical of the proceedings) certainly fail to establish it.

As long as the facts were reported accurately, what is actually at issue here is local sovereignty. It is a well-established tradition in New England town meetings that non-residents must request permission to speak – and that townspeople have no obligation to grant them that permission. Nor is it necessary to allow discussion indefinitely if a motion has already been made and a majority of those present have determined it is time to proceed.

Mr. Hynek indicates that he would have liked more information. It is not likely that oil industry representatives would have given him accurate answers to the questions he listed, but more importantly it is not necessary that all members of the town have been fully satisfied – such a threshold is clearly unattainable. It is only necessary that a two-thirds majority of those present feel they are prepared to make an informed decision. Their votes demonstrate that they apparently did.

After all, it is understandable that they might feel that way. The debate over the Keystone XL pipeline captured public attention for months last year, and information about the ecologically devastating effects of tapping tar sands oil (NASA's Jim Hansen has called it "game over for the climate") has been readily available. Bethel voters can be forgiven for their apparent arrogance in believing they know all they need to on that particular subject.

Even Mr. and Mrs. Lyon admit that "the conduct of the meeting may have met a narrow interpretation of requirements" yet can't shake themselves of the feeling that something unfair has taken place. It is certainly worth asking: even granting their legal right to do so, did Bethel voters make the correct choice in silencing representatives from the oil industry?

It is certainly not obvious that they could contribute anything constructive to the conversation. Does anyone truly believe that what is wrong with our current political situation is that corporations are given too little opportunity to make themselves heard?

If someone who did not stand to gain financially from the transport of tar sands oil had a compelling reason in favor of it, it might be interesting and instructive to hear them. However, such a person would be as easy to locate as a pink unicorn. Progressives, libertarians, and traditional conservatives should find little to disagree with in blocking such actions at the local level, which makes regulation by the federal government unnecessary. Furthermore, completion of projects such as this frequently relies on the violation of individual property rights and the very un-libertarian practice of eminent domain.

Mr. Hynek makes the unusual argument that any decision about carrying tar sands oil through Bethel should be put off until the last minute. However, this overlooks two political realities:

-First, if Bethel citizens demonstrate any willingness to accommodate the oil companies they can rest assured the industry will have its opportunity to speak. The example of California's Proposition 37 is instructive. At the start of the campaign season the act to label foods containing genetically-modified organisms (not ban, mind you, but merely label) was regularly polling with super-majorities of the population in favor. That was before Monsanto, DuPont, and others launched a massive blitzkrieg of television ads, outspending proponents of the measure by a margin of more than 5-1. Astoundingly, by November, 53 percent of Californian voters decided in favor of not knowing what is in their food.

-Second, local resistance is already the last line of defense. If the federal governments of the United States and Canada were at all responsive to the long-term interests of their human – rather than corporate – citizens they would have closed access to the Alberta tar sands long ago. At this point our last best hope is for local municipalities to tell the would-be corporate plunderers as swiftly as possible not just no but, "hell no!" The fact that a majority of attendees in Bethel chose to do just that is a welcome sign that perhaps people are sick of letting corporations frame the conversation.

*Will Chapman
Greenwood*

SCHOLARSHIP TO HONOR STAN HOWE

To the Editor:

In honor of Stan's passion and dedication to education, a scholarship fund has been established in his name at Telstar High School.

Specific details have yet to be determined but it will definitely be under the direction and guidance of Stan himself.

Anyone wishing to make a contribution, please make checks payable to the Dr. Stanley R. Howe Scholarship Fund and mail to Telstar High School, c/o Wendy Hanscom, 284 Walker Mills Road, Bethel, ME 04217.

If you have any questions, please feel free to contact me at 824-0262 or e-mail me at mlenniss98@gmail.com.

Thanking you in advance for your support.

*Mary L. Ennis
Newry*

MORE ON-THE DOG PARK

To the Editor:

A dog park in Bethel has been a dream of mine for years.

Steve Wight and I co-chair The Bethel Dog Park Committee. We meet bi-monthly. All are welcomed to attend. We are open-minded to all suggestions (pro or con), and hope that as many people as possible will share their thoughts.

One obvious question on many minds: Why are dog parks needed when we have hundreds of acres here in Maine?

To walk with our dogs? Because many dogs cannot be trusted off leash?

Maine also has a leash law. The Rumford court is filled with petty and large dog complaints, all resulting from unleashed dogs. They kill and eat chickens, then have to be muzzled! They create havoc in their neighborhoods. Fight with other dogs even on the other dogs' property!

Roaming without Rabies shots. Poop all over the place. Some dogs don't have their vaccinations at all no less a license.

The dog park is for everyone. It's a safe, intelligent and protected environment that allows dogs to be dogs. They're pack animals and thrive when together in a dog park.

It's a perfect place for the community to hang out even in the winter when we need to ward off cabin fever. The dogs learn from and teach each other new things pack animals do. As we do about them and ourselves.

I have seen tons of dogs that are aggressive on lead, that are suddenly allowed to run free that love it and instantly become friends with the other dogs, because they are free.

The design of the proposed park is borrowed from the Humane Society's in Lewiston. One third of it is for small dogs, 30 pounds or under. The town of Bethel has a place for all other of its citizens. Let's make room for our beloved dogs, as well.

The Friends of the Bethel Dog Park and our wonderful snowmobilers decided it's a reasonable and a good thing to do, ever since we all walked the proposed site together. It happily diffused any confusion!

Already we have many dog businesses here that dog people who are tourists or new residents may be drawn to. We'd draw people from everywhere who owned canines.

I, for one, very seldom let Banjo, my dog, off his leash. Without a leash he'd be gonzo! Many dogs cannot be trusted off lead. A Dog Park is an intelligent, safe and fun way to let our beloved dogs play together without fear of them racing across a road after a squirrel and getting hit by a car.

From my experience, I know that the vast majority of dog owners always keep a careful watch on their dog. I do. I watch Banjo to pick up his poop and am careful about who he's playing with and how. With any sign of aggression from another dog, I immediately take him away from any potential danger. We take care of our own as well as each other.

There's great community spirit amongst dog owners. If there is a fight, that is between the dog owners involved. It is not something the town need be worried about.

There are Dog Park Rules. We of the Committee are working hard to raise the necessary money to accomplish this.

For ten years I've met only one person against the idea. But, they let their dog off lead.

I see no reason we cannot accomplish this most positive project with the town people's blessings. There are already people in Bethel willing to volunteer their services where needed, for the love of dogs.

We would be known throughout this country and beyond as a dog-friendly place to visit and live.

Please climb aboard. Your dogs will love you for it.

*Judith Price Diamond
Bethel*

CELLADORE may be found on Page 16 this week.

Our Back Pages

Danna Brown Nickerson

10 years ago: About two dozen employees were working to get the Saunders Brothers plant in Locke Mills back up and running, with the goal of employing 100 people there by late June.

The third annual Snowbox Derby, with sleds built from recycled materials by teams of SAD 44 students and community volunteers took place at the Bethel Inn.

Births: Abigail Virginia Hanscom, Colby Michael Turcotte, Noah Avery Luxton, J-Lyn Heather Roy, Delia Anne Swett, Danielle Roberta Ruth Bean.

Deaths: Eleanor B. Coolidge, Floyd R. Buck, Joyce A. Crockett, Mindy K. Gilbert.

20 years ago: The Bethel Veterans of Foreign Wars Post 11363 was presented its charter certificate.

Gould Drama presented two one-act plays, "Cinderella Wore Combat Boots" and "Let Me Hear You Whisper."

Death: Marguerite O. Emerson.

30 years ago: Nancy S. Cross was administered the oath of office of Postmaster at Locke Mills.

Senator Bill Cohen was the guest speaker at a "Lincoln Day Dinner" sponsored by the Oxford County Republican Committee at the Bethel Inn.

Births: Justin Hayes Yates, Jamie Castilla Monzo, Seth Fontaine Howe.

40 years ago: Miss Terri Lea Mason was crowned queen of the annual Bethel Winter Carnival.

Richard Waldron was elected chairman of the Maine State Tree Farm Committee at an organizational meeting in Augusta.

Births: Laurie-Sue Thayer, Jennifer Lynn Howe.

Deaths: H. Gordon Erickson, Mrs. Norma L. Hastings, Leroy S. Abbott, Robert C. Herzing, David L. Enman.

50 years ago: Mr. and Mrs. Harold Young purchased the Harlow house on Mason Street.

Eugene Tebbets, Roland Morin, Warren Tibbetts, Albert Lake, and their coach "Sonny" Saunders traveled to Franconia, N.H., to compete in the Class I and II Ski Races.

Births: Glenn Albert Dunn, George Sias Charrest.

Deaths: Miss Angie M. Chapman, Mrs. Naomi F. Varner, Will H. McAllister.

60 years ago: Rev. David Hickland of the Bethel Methodist Church accepted the pastorate of the Lisbon Federated Church.

Col. James D. Alger was taking a three week refresher course at Fort Benning, Ga., preparatory to duty in Korea or Japan.

Birth: Christine Helen Greenleaf.

Deaths: Clyde L. Whitman, Ray Linnell.

70 years ago: Herbert A. Leonard was appointed County Agent.

The Bethel Union Schools conducted the registration for War Ration Book II.

Deaths: Pvt. Donald Luxton, Archie T. Heath.

80 years ago: Bennett's new garage, under construction and nearly completed at West Bethel, was blown down.

Deaths: Charles Crosby, Warren Kilgore, Mrs. Laura Everett.

90 years ago: An unidentified man was struck and killed on the Grand Trunk track between Locke Mills and Bethel.

Mrs. Bertha Keniston of Parker Corps, No. 99, at Lovell, installed the officers of Brown Relief Corps, No. 36, Bethel.

Deaths: Rev. James L. Little, Stanley Bisbee, Mrs. George W. Mason.

100 years ago: Edward King of Bethel left with a Florida sightseeing tour. He expected to include Cuba in the trip.

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Letters con't

RESCUE DOG IS LOST

To the Editor:

Our male black, white and tan collie named Sam broke free from his harness at the Irving station in Bethel on Route 2 on Saturday, Feb. 9, at 4:30 p.m. while we were traveling home, after picking him up as our new dog. He ran through the field behind the store and into the woods, headed northeast along the river.

He is three years old and very timid. He most likely will not go to a person, but has been exposed to the elements, and might seek shelter in a garage or barn.

If seen or captured, please call me at (802) 673-3483.

Erin Mathieu
Newport, Vt.

WOODSTOCK WIND ORDINANCE

To the Editor:

An Open Letter and Invitation to Woodstock Residents:

We have posted our proposed Commercial Wind Energy Facility Ordinance and a number of pieces of our research online at: <http://woodstockwindordinance.blogspot.com/>. We encourage all interested Woodstock residents to go to the site and read what you have time for. We have prioritized those pieces that will give readers the most important information in as brief a time as possible.

And we invite all Woodstock residents to join us in discussing the ordinance during the Public Hearing at the Town Office at 6 p.m. on Feb. 26. The town will vote whether to approve the ordinance at Annual Town Meeting on March 25. If passed, it will apply to any future wind energy development in town, but not to the Spruce Mountain facility except to any future expansions or other major changes it undertakes.

We have spent hundreds of hours studying ordinances developed by several other Maine towns; researching the effects of commercial wind power and the science of these effects on people; and seeking and receiving input and suggestions from the Selectmen, Planning Board, Code Enforcement Officer and Woodstock residents, based on their experience with the Spruce Mountain facility.

The two biggest requests we heard from Woodstock residents were to limit the noise made by any future wind facilities, and to keep the public well-informed about the permitting and approval of such facilities. We have developed ways for the town to address these issues and the means to effectively oversee and enforce the ordinance through Fees, Escrow Accounts and other "bonded" funds, which will be paid for by the developer.

And we have made an effort to make our ordinance supplement the town's Site Plan Review in ways that will not make it unduly burdensome to apply the two ordinances in conjunction with one another.

We welcome your questions and comments on our e-mail log-in: bpwindcomm@oxfordnetworks.net, and to seeing you at the Public hearing on Feb. 26 and Annual Town Meeting on March 25.

Bob Elliott
for the Woodstock Wind Energy Ordinance
Committee - Marc Wentworth, Dennis Poland, Denise Hall and Charlie Reiss

Karate

Continued from page 1

"The swords involve a lot of footwork and control. They have to know how hard they can hit," said Petrovich.

She tries to "disguise" the skills work in games and races.

Every eight to 10 weeks Petrovich holds "belt promotion" examinations, allowing the youngsters to move up the scale of skills. At each step, they can earn a belt color to correspond. The older kids learn Samurai techniques.

"They start learning real karate," said Petrovich. "It's much more detailed."

They can ultimately earn a black belt, she said, but because of the time and effort required, they must continue classes at the Norway school.

One of her students,

Chase Ormiston, is serving as an informal assistant. "She's an excellent leader. She's like my right-hand man."

In addition to the physical skills they learn, the youngsters also learn self-confidence. "It helps with their focus. We work on goal-setting," she said.

Petrovich also said some kids who have had behavior problems have benefited from the added self-discipline required.

She described one troubled youngster's experience. "I didn't think he was even paying attention. It seemed like he was just going through the motions," she said.

But for a belt promotion test, she said, he had to perform 20 steps to demonstrate his technique, "and

he did it perfectly. I said, 'Now that I know you can do it, I'm going to expect you to every time.'"

Comments

At one recent class Lindsay Storer of Bethel watched while her five-year-old son, Michael, practiced the routines.

"It's been a wonderful experience for him," she said. "It's really helped his self-confidence. He loves it and looks forward to it."

Seven-year-old twins Heidi and Emily Wallace both enjoy the kicks routines. Emily particularly likes sparring; Heidi likes punching when the students have pads on.

Chase said the classes are fun and help her to focus. And, she said, she enjoys helping out with the younger kids.

Petrovich said she talks a lot with her students about when it's all right to use kicks outside of class.

"We can use them to defend ourselves," said Chase.

Karate classes will start at the Woodstock Elementary School the first week in March.

In addition to the classes for young students, Petrovich and her husband also teach about two dozen adults at their Norway school.

The group covers a wide spectrum of ages and abilities, and includes a seventh-grader who started as a Ninja and a grandmother who has had two knee replacements.

For more on the school, go to www.mkkarate.com.

Dogs

Continued from page 1

ticularly over the longer term. Although the committee says dog owners will be responsible for cleaning up after their pets and emptying waste containers, some opponents believe the town will end up with financial responsibility for overall maintenance. They don't want that to happen.

Eddie Okenquist said that should the park become a reality, the dog park group should also be responsible to come up with funds for maintenance.

Doar said it had been made clear to the dog park committee that the town would not be responsible for cleanup, only for "light maintenance" similar to the skate park.

Some also questioned the choice of location for the park.

Selectman Don Bennett wondered about noise levels from barking dogs.

And, he said, "Every time I look at this issue, I say to myself, 'why would you want to pick a place behind a gas station where snowmobiles travel, that has wetlands in it, where you're going to have to cut trees, where you're going to have to put up a \$25,000 fence? There's got to be a better place than this.'"

Jack Cross suggested the other end of the Parkway, on land owned by the Mahosuc Land Trust.

The board decided it would be best to put the current park proposal before voters.

Selectman Peter Southam said that prior to a June referendum it would be important to make sure the plan is published,

along with a map of the site, so voters will have a clear understanding. "The sooner the better," he said.

Doar said he would work on wording for the referendum.

A public hearing on

the park proposal was scheduled for last night (Wednesday) as part of the Planning Board meeting.

Doar said the Planning Board application process for the park would continue.

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BHS

Continued from page 1

income to maintain the new facility," said Bennett. "We hope to begin construction this spring and have the structure ready for occupancy by the spring of 2014."

The addition will be named for Valentine. A plaque to be displayed will read "Named in memory of Mary Emma Valentine (1925-2012), whose exemplary devotion to the Bethel Historical Society's mission and outstanding support of its museum, library and archival collections will serve as an inspiration to future generations of researchers, scholars and visitors."

The society offers a variety of "planned giving" options for those who would like to support the organization, Bennett said.

About Mary Valentine

Mary Valentine was not a Bethel native, but she was a descendant of one of Bethel's earliest settlers - Deacon James Grover, after whom Grover Hill was named, Bennett said. Her father grew up in Bethel and graduated from Gould Academy.

Valentine was born and grew up in Pennsylvania, later earning a master's degree in library science from Columbia University.

She worked as assistant library director at a library in Braintree, Mass. Her parents had in the meantime moved to Bethel, and with their declining

health she also moved here to care for them. She never married.

Valentine began volunteering at BHS as a tour guide in the 1970s, and then became interested in genealogical research.

BHS Director Emeritus Stan Howe remembers that when he told her about the Mormon movement in the Bethel area - three of founder/prophet Joseph Smith's wives came from this area, and Brigham Young once preached here - Valentine responded, "I should look into that."

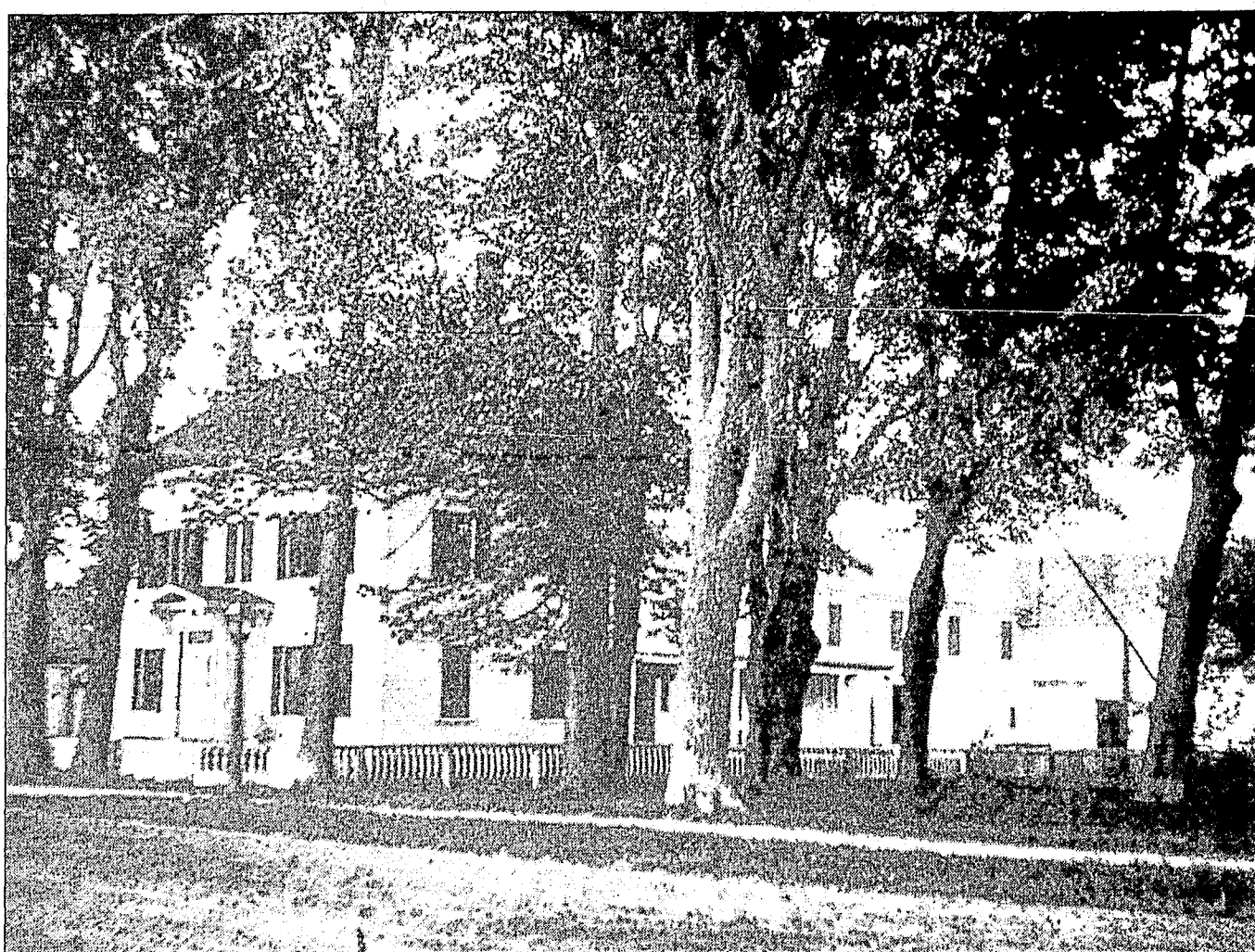
The result was years of research. Valentine compiled articles from old Bethel newspapers and also wrote her own account of Mormon activities in the area (now online at bethelhistorical.org).

Valentine also had a great interest in the society's collections, an interest that makes the use of her gift particularly appropriate for the addition to the Robinson House, Bennett said.

"She was always interested in what we could learn from our resources," he said.

In addition to her library research background, Valentine was also a talented organist/pianist, playing for area churches and at BHS events.

But, said Bennett, "She was very modest and very unassuming."



Above: The O'Neil Robinson House, built in 1821, with the original ell and barn. The Bethel Historical Society hopes eventually to also build a smaller replica of the barn. Left: Mary Valentine in the research library of the Bethel Historical Society. Some Bethel residents might recall seeing her eating at area restaurants - and reading a book at the same time. "She was an avid reader," said BHS Executive Director Randy Bennett. (Photos courtesy BHS)

Story idea?

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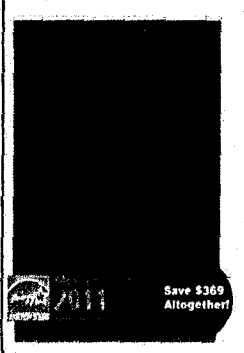


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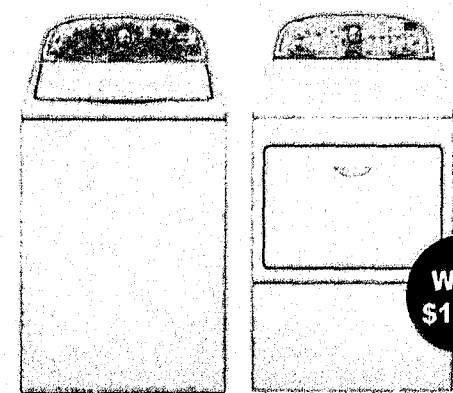
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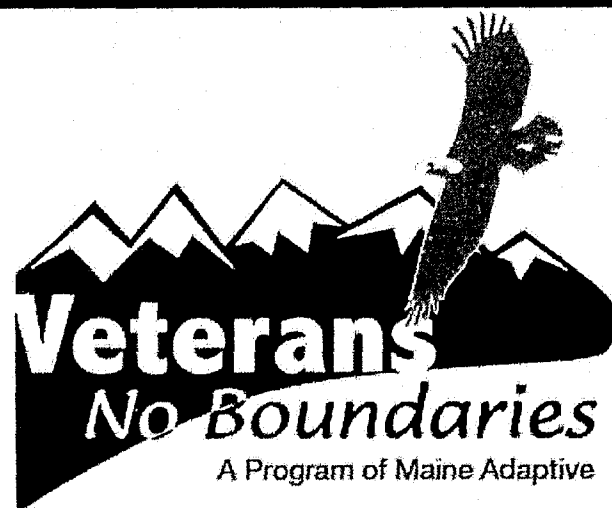


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A Program of Maine Adaptive

On behalf of everyone involved in the Veterans No Boundaries program at Maine Adaptive Sports & Recreation, we would like to express our deepest gratitude for all of the local support we received during the eighth annual winter program last weekend. Sunday River provided over \$15,000 worth of lift tickets, lodging discounts and other support for the winter Veterans No Boundaries! Over 80 incredible Maine Adaptive volunteers helped by teaching ski lessons and providing support in many other ways throughout the long weekend.

Thanks to Sunday River, our incredible Maine Adaptive volunteers and support from other local sponsors, the weekend was entirely free of charge for participants and their family members.

Significant in-kind support also came from the following:

- Crossroads Diner provided breakfast daily.
- Duane Bond and his team at the Sunday River Inn hosted us each morning.
- Mike Cooper and his team from The Outdoor Center provided Nordic skiing and showshoeing each day.
- Newry's Windy River Valley Snowmobile Club provided snow machine tours.

The following local businesses and groups also helped:

- | | |
|---------------------------|----------------------------------|
| Good Food Store | Bethel American Legion Auxiliary |
| Sudbury Inn | Pat's Pizza |
| Matterhorn Ski Bar | The Riverview Resort |
| Black Diamond Steak House | The Parrothead Club |
| Shipyard Brew Haus | of the Northern Tropics |
| Rooster's Roadhouse | S.S. Milton |
| | Funky Red Barn |

Please join us in thanking everyone involved in this year's Veterans No Boundaries program!



Veterans No Boundaries is a
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Signs

Continued from page 1

installation, said Doar, a circumstance to which he said he would be more receptive.

But, he said, some members of the CSOR said the move would undermine their work.

The committee was split on the issue, Doar said. An owner of the steakhouse, Ron Savage, is a member of the committee.

"I took [the issue] off the table," said Doar, but it was brought to the selectboard Monday to give members "the opportunity to reverse my decision."

Selectman Don Bennett also serves on the CSOR. He said he asked that the question be put on the agenda.

"I would welcome this temporary [sign arrangement], between now and voting day," he said.

(Bennett did not refer to the steakhouse by name throughout the 25-minute discussion, saying he would instead use the name of a North Road business as a hypothetical example. The steakhouse name was also not mentioned by others at the meeting. Doar provided it when asked Tuesday.)

An obligation

Bennett said if a business requested a state sign in another town, "the state of Maine does not want to send someone up Route 26 and have them get to Bethel and suddenly not know where to go.

"You have to have continuity/connectivity. It would seem to me that we have the obligation to try to work with the state and with that business to get the customer to the business ... If there are people who disagree with this connectivity, I think there are two things: they really need to understand that a business perhaps does have a right to have a state sign in another town, and that it would seem to me that they would feel they would have the right to have some kind of connectivity/continuity to get to their business."

Bennett acknowledged there could be problems and confusion with putting up temporary signs.

But, he said, "I would rather confuse things now and work it into the ordi-

nance than I would to get to June and have Main Street businesses, let's say, be frustrated because there's going to be signs directing traffic away from Main Street - this 'continuity' that looks as though it's heading people in the other direction."

Doar disagreed that allowing the temporary signs could serve as a good trial, noting they would look like the current kiosk signs in Bethel that direct drivers to businesses, not like the new, larger signs under consideration by the committee.

"I don't think that works as a pilot," he said.

In addition, he said, "Do we really think adding a directional sign moving people to the Sunday River Road is going to drive more traffic to the Sunday River Road in February than is there already? I think it raises a lot of questions, questions about fairness, questions about businesses not located in Bethel up on the Sunday River Road."

Accommodating other businesses interested in the arrangement would also add more signs, he said.

Selectman Pat Carter said she wanted to know how many other businesses might be interested in such signs before deciding on the request.

Other board members agreed, and Doar said he would send letters to the businesses asking for input.

Selectmen will next consider the issue at their March 11 meeting.

BFA appointees

In other business Monday, selectmen named four people to the new Bingham Forest Authority, which will oversee the town's 2,300-acre forest.

Named were Ian Drew, Chris Hayward and Jarrod Crockett of Bethel, and Jim Largess of Newry.

A Newry representative is included because the forest land is located in that town.

A fifth member will be named from the Bethel Water District board.

Bethel

By NANCY BROWN



Last weekend's blizzard left an abundance of powdery snow,

creating perfect snowshoeing and skiing conditions in the Bethel area. We had less snow than areas like Gorham, Maine, which got 35.5 inches and the Portland Jetport, which recorded 31.9 inches of snow. I recorded 17 inches of snow at my house. My less-than-perfect method

of calculating snowfall includes a yardstick and averaging numerous measurements taken in the driveway, dog pen, and paths leading to the house. Wind gusts moved the snow around quickly, creating treacherous driving conditions on the roads, but also sculpting beautiful snow drifts that reminded me of the sand dunes in Kitty Hawk, N.C.

Cheryl Bileau of Bethel e-mailed me on Monday, Feb. 4, with a thank you to everyone who helped her daughter, Kayla Koffton-Bileau, when she had a skiing accident at Sunday River. Cheryl wrote:

OCSD Bethel Patrol Log

Tuesday, Feb. 5

At 4:36 p.m. on Elm Street in Bethel Deputy Matt Noyes stopped a driver. He arrested Bradley Chamberlain, 25, of Bethel for operating without a license and attaching false plates.

At 4:43 p.m. on Route 2 Sgt. Tim Holland arrested Shanon M. McAlister, 24, of Bethel on a warrant.

Thursday, Feb. 7

At 6:12 p.m. Deputy Mike Halacy served a trespass notice to a subject on Mechanic Street on behalf of the Norway P.D.

Friday, Feb. 8

At 2:42 p.m. a caller reported juveniles playing on the Railroad tracks near the theater building in Bethel. Deputy Willie Nelson was assigned.

At 3:23 p.m. Deputy Sullivan Rozzo responded to the Mayville Road for a one-car property damage accident.

Saturday, Feb. 9

At 7:16 a.m. a subject on Railroad Street reported that snow had backed up over the exhaust vent for a heater. He had shoveled it away and opened windows after an alarm went off. He then drove his wife to Bethel Rescue, following Cpl. Chancey Libby. The officer advised that the Fire Department had sensors to check the house.

At 1:39 p.m. Cpl. Chancey Libby witnessed a driver turning off Parkway onto Lincoln Street. He was going too fast and went into a curb, breaking a tire rim and flattening the tire. The officer stood by while the driver changed the tire.

At 4:57 p.m. Sgt. Matt Baker responded to Paradise Road for a report that a private plow truck had struck a customer's vehicle in the driveway. The complainant was advised to call the insurance company.

Monday, Feb. 11

At 12:54 a.m. Trooper Jason Wing and Deputy Chris Davis responded to Elm and Main streets for a subject who had gone off the road while driving intoxicated. He called to advise dispatch of it, then fled the scene. He was located through the 911 GPS system. Jeffrey A. Schanley, 49, of Annapolis, Md. was arrested for OUI.

"My daughter, Kayla Koffton-Bileau, 14 years old, was in a serious skiing accident yesterday. I wanted to say that all the people who helped pull her out of a 30-foot ravine did a wonderful job. My daughter was unconscious for at least 20 minutes at the bottom of a ravine in a stream. After plummeting down the 30 foot, she crash landed on a fallen tree, head first onto her head. Thank God she had a helmet on. Her core body temp went down to 93 degrees so she was in danger of dying from hypothermia. Once my daughter came to she screamed for help and quickly one of the staff members jumped into action to save her once they heard her cries for help. The staff from Sunday River who rescued her and brought her to the Life Flight helicopter worked like a well oiled machine. I couldn't have asked for more from them and my husband and I are very grateful for everything that Sunday River did to help my daughter. She was flown to Maine Medical Center in Portland. Without the staff at Sunday River, the team on the helicopter and the doctors at the hospital, it could have been a very different outcome. My daughter has no broken bones but she does have a severe concussion. She is home now and resting comfortably.

"Many thanks go out to everyone at Sunday River as well as Telstar Middle/High School and the Bethel community. I am very proud that my husband, Marc, works

for such a wonderful company as Sunday River. If you could please publish my thank you, I would be most grateful."

If you read the Sunday Sun Journal, you probably know that the town of Camden is in the running to be named America's Coolest Small Town. The honor will be bestowed by Budget Travel Magazine after its readers vote. Camden is one of fifteen finalists in the contest. Nearly 1,000 towns were nominated. You can vote to help Camden win the title of coolest small town in America. However, the deadline is tomorrow, Feb. 15. All you need to do is go to the website and vote for Camden. The site is <http://www.budgettravel.com/contest/americas-coolest-small-towns-2013/14/#ixzz2K2uYt95>.

If you have news you'd like to share, call me at 824-2483 or e-mail nancybrown1150@yahoo.com

East Bethel

By WALLY RITZ



Our area fared quite well during the blizzard in comparison

to coast and other states. In regard to the cabin fever theme, everyone seems to be very unsure about what to think. Some feel that both February and March will be snow months, others feel "we'll have weather" or think the best forecast is to look out the window. Would love to hear from

Zac & Travis

♥ We are so ♥
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Happy Valentine's Day.

Love,
Mom & Dad

Notice of Public Hearing February 26, 2013 Town of Woodstock

The Woodstock Planning Board and the Woodstock Board of Selectmen will be holding a Public Hearing on Tuesday February 26, 2013 @ 6:00 PM to take comments on ordinance proposals which will be voted on at the Annual Town Meeting to be held on March 25, 2013. The Public Hearing will be held at the Conference Room at the Woodstock Town Office.

The ordinance proposals and amendments are as follows;

1. Commercial Wind Energy Facility Ordinance
2. Amendment to the Site Plan Review Ordinance
3. Amendment to the Consumer Fireworks Ordinance

Full copies of these proposed ordinances and a detail sheet of the changes proposed for the Site Plan Review and Consumer Fireworks Ordinances are available at the Woodstock Town Office for full inspection.

Woodstock Board of Selectmen
Woodstock Planning Board

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Notice to Bidders

Lake Christopher Dam Reconstruction Project

The Town of Woodstock is currently seeking bid proposals for the reconstruction of the Lake Christopher Dam.

Complete bid packages including plans, technical specifications and the job description are available for viewing and or pick-up at the Woodstock Town Office.

Bid proposals are due at the Woodstock Town Office on or before Tuesday February 26, at 5:00 PM. The bids will be opened and read aloud at 5:15PM.

For any questions or further information you may contact Vern Maxfield at the Town Office by calling 207-665-2668.

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Scallops Mornay Fresh sautéed sea scallops with mushrooms and herbs, finished with sherry, then baked in a parmesan cream sauce
Mushroom Lasagna Two pressed potato chive cakes filled with a blend of fresh mushrooms, vegetables and herbs in a cream sauce
Sliced Roast Lamb Tender roast of lamb seasoned with thyme, onion, herbs and spices. Finished with an apple mint demi-glace
Veal Oscar Tender slices of veal breaded then topped with asparagus spears, crabmeat and sauce bearnaise

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more folks and their predictions. Please, call me at 824-3220 or e-mail han@megalink.net.

The "snowcano" is starting to look quite impressive. It will be interesting to see how big the crowd for the lighting will be.

Other than this, I do not have much news this week. It seems everyone was hunkered down for the duration of the storm with not much visiting etc., going on.

Come and visit me at the InnSide Shop. You may just find that unusual gift for Valentine's Day for the person who has everything.

Happy Valentine's Day to everyone.

the road in front of her. We wondered if it was the same one that we saw a couple of weeks ago.

Our son, Chris, called to check on us last Saturday after the big storm to see how we made out. He said things are going well in Omaha. He and Kym will be moving into their house the first of March. He, also, told us that he is going to be a volunteer at the Strategic Air and Space Museum in Ashland, Neb.

Our son, Tim, was at the house Saturday night to see how we made it through the storm and offered to help do some shoveling.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com

A friend suggested that I should stop snow dancing. After some consideration, I decided that I cannot stop. It is not even close to April yet. I say, let the dance continue.

Please call 533-2010 or e-mail backstjoe@gmail.com with your news.

Bryant Pond

By ALICE HOYT



Franklin Grange 124 met at the home of Alice Hoyt on Saturday, Feb. 2. Two

new members were voted on. Plans for the Chowder Supper to be held on Feb. 21 were finalized. This is a community service benefit for the Honor Roll extension to include all veterans' names from Woodstock. Starting in March, they will meet at the Grange Hall, weather permitting. March meetings will be the first and third Saturdays at 10 a.m. with potluck dinners. Voted to hold the July meeting and dinner of the Woodstock Senior Citizens.

The program at the Whitman Memorial Library is today, Feb. 14, at 2 p.m. Charlotte Winchester will be doing a holiday craft. Supplies will be provided. Open to the public, no charge, light refreshments.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, and Evening Service at 6 p.m. Wednesday is Prayer Meeting at 6:30 p.m. Saturday, Feb. 16, is the Valentines Dinner at the Fellowship Hall for adults. Sunday, Feb. 17, is Heritage Sunday. Some are dressing as they did years ago. Potluck lunch following the morning service and afternoon

service. Everyone welcome.

On Thursday, Feb. 21, at the Woodstock Elementary School on Rumford Avenue, there will be a Chowder Supper Benefit for the Monument Fund to enlarge the Honor Roll by the library. More money is needed in order to get all the names engraved. This is sponsored by the Grange with help from the Daughters of Union Veterans. There will be different kinds of chowder, soups, chop suey, chili, coleslaw, desserts, rolls, crackers, and drinks. Come help support this event. Time: 3 to 7 p.m. Cost: \$8.

The exercise class at the library on Tuesday mornings at 10 a.m. is still going on. Led by Nancy Willard. New people each week. Come join us. It is fun. No charge.

The Woodstock Senior Citizens met on Thursday, Feb. 7, at the Town Conference Room. The program was a silent auction. A delicious potluck dinner was had. Next meeting in March will be held at Ledgeview. Program to be announced.

Locke's Mills

By BETSEY FOSTER



Howe Hill Road resident Doug Grover attended the recent

Greenwood Selectmen's meeting and asked for more time to clean up the unauthorized waste site at his property. The Town has legal action pending against him for this, and Grover requested the action be dropped. The Selectmen declined this request. Grover is working with a person to develop a clean-up plan for the site, and they will present a

plan to the Selectmen in the hopefully near future. Grover continued to refuse to allow the code enforcement officer to photograph the site claiming it is an invasion of his privacy.

The Planning Board has approved a 10-lot subdivision at Mt. Abram. This will be between Westside Lodge and Bear Lane.

Thanks to all the Greenwood road crew for keeping our town roads open.

As you've heard by now, the US Post Office will be eliminating Saturday deliveries. They estimate \$2 billion will be saved by eliminating that delivery day. However, this will not take effect until August. It seems that with such a savings, this would be implemented a lot sooner than that.

Along the same lines, the proposed reduction in hours at the Greenwood Post Office is still in limbo. Postmistress Susie said the USPO administrators will give her 30 days notice of a reduction in hours, and she has not been notified yet.

Inaugural poet Richard Blanco will be doing a reading this Friday, Feb. 15, 6 p.m., at Gould Academy. There is no charge but tickets are necessary. The free tickets can be picked up at the following Bethel locations: The Good Food Store, Brooks Bros., Pok Sun Emporium, Bethel Area Chamber of Commerce, Bethel Town Office, Gould Academy Bookstore, and We've Got the Look Salon. Butch Fuller and his band of merry musicians will be performing this Sunday, Feb. 17, 2 p.m., at the town office on Bird Hill Road. Donations will be accepted and the money will go to help buy more

US flags for Main Street. If you missed them last time they performed, be sure to catch them this time.

Homemade donuts have made their appearance at The Local Hub. They are from No View Farm and look absolutely delicious. The owners have said they hope to soon be able to start opening earlier in the morning for those who like to grab a cup of coffee and a homemade donut on their way to work. Will keep you posted when earlier opening hours happen.

David Brainard reported that he has been seeing a pair of bald eagles on Twitchell Pond.

While I have not seen hide nor hair of the eagles this winter, the male cardinal spent the big snowstorm in my yard. He alternated between taking shelter in the dense hemlocks and flying 25 feet to the feeders to chow down some sunflower seeds before returning to the sheltering hemlocks.

And what about that snowstorm? I am about to get on a soap box so reader beware. It has only been in recent years that snowstorms have become big and sensational news. It is winter. This is Maine. It snows. Folks want to know when the snow will start, when it will end, and how much we will get. That just about covers it.

The way the media carries on, a person might think we had never seen snow before or at least not more than a few inches at a time. We are used to snowstorms. That is why we buy snow shovels, spend \$1,000 to own a snowblower, spend much more than that for snowplows, and then spend 10 times more than that for town and state road crews to plow the roads. We expect snow.

Gilead

By LIN CHAPMAN



The great blizzard came and went this past weekend.

We got about a foot of snow and some high winds that created snow drifts.

My brother, Steve McLain, has been busy cleaning up after the storm. Brad McLain was out early Saturday morning to plow at his parents' house and then stopped by here afterward.

Steve and Lise McLain attended the Chocolate Festival last Sunday at the Bethel Inn. The proceeds from the event go to the graduating class of 2013.

Mary Tyler called to say that when she was coming home the other day, a mink ran across

Upton

By JOE BERNIER



The "Blizzard of 2013" was almost a no show for Upton. Less than

10 inches of snow here on Back Street. Just a medium size snowstorm really. Some of us, that enjoy winter more than we enjoy blackflies, feel that we were cheated.

The Ladies Aid "German Dinner" will be Saturday, Feb. 16, at 5 p.m. They will serve breakfast Sunday 8 to 11 a.m.

Carol and Charlie will host their annual winter fun party Sunday, Feb. 17 beginning at 2 p.m.

The State Line Snowmobile club rescheduled their meeting. They will meet Saturday, Feb. 23.

Jim and Evelyn Kenney wish to thank the "Upton Angels" that have helped them with snow raking, shoveling and plowing this winter.

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As one local salt recently commented, "The snow will not kill me, but all the hype just might." That sums it up well. Just the facts. Cut out the hype. You can send news to staich16@gmail.com

Hanover

By CLEM WORCESTER



The Hanover Board of Select- persons will meet at the Town Office

on Feb. 19 for their regular monthly meeting at 6 p.m. The snowstorm started on Friday, Feb. 8, early in the morning. Schools closed and many activities and events shut down during the duration of the storm. Even the Post Office was closed Saturday. The storm continued kind of meekly all Friday and into Saturday when it intensified into heavy snow and high winds. It was recommended by the State officials that folks should just stay home and not to chance the snow-covered roads. Late Saturday the wind and snow subsided and the plows and snowblowers got busy. Our area had about 15 inches of new snow with less or more depending upon which way you were facing. Because of the wind it was hard to tell.

Last weekend was quiet because most folks were shoveling. That is good exercise if you don't overdo it. D.A. Wilson Company did a great job keeping the town roads open and passable.

Andover

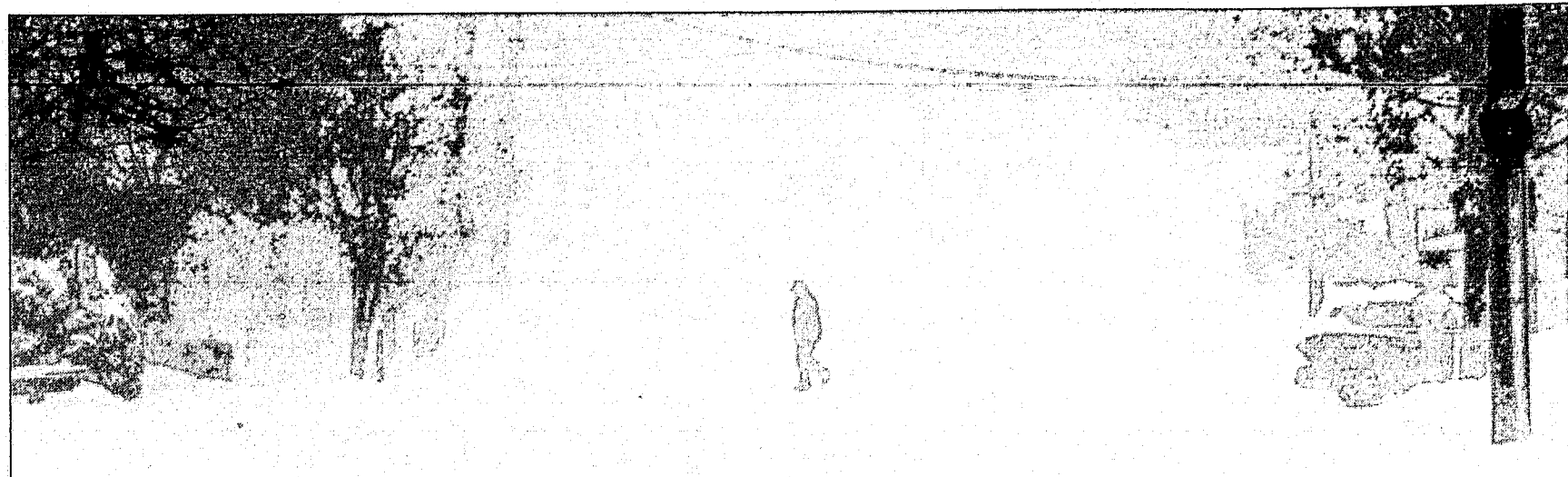
By JANE RICH



The Snow Valley Sno-Goers have canceled their annual Family Fun Day which

was to be held on Feb. 23. The decision was made at the regular scheduled club meeting on Feb. 6. They hope to be able to do this popular event next year.

Town Clerk Melinda Averill wishes to inform dog owners that the time for registering dogs has lapsed and there is now a \$25 late fee in effect. Owners wishing to register their dogs must bring certificate of spaying



SNOWING AND BLOWING—The Bethel area got roughly a foot of snow from winter storm Nemo, which brought two or three feet to other parts of New England. Here, a pedestrian crosses Main Street in Bethel Saturday morning. A strong, steady wind added to the poor visibility by blowing and drifting the snow. Sunday dawned bright and sunny, to the delight of snowmobilers and skiers, who headed out to take advantage. (Photo: A. Aloisio)

or neutering at the time of registration.

The Budget Committee has finished their work and when I stopped by the Town Office on Wednesday, the Selectmen were working on finalizing the Town Report and articles for Town Meeting. I'm hoping to have more details next week. Town Meeting is March 16.

This Sunday, Feb. 17, is the Annual Meeting of the First Congregational Church following worship with a potluck. All members are encouraged to attend and guests are welcome.

Absentee Ballots for the March 19th Town Officers Election will be available at the Town Office on Tuesday, Feb. 19.

A friend of mine gave me an article about a person named Joshua Rich who wrote for the Bethel Courier in the 1850s. The Courier was the predecessor of the Bethel Citizen. So imagine my surprise to find that 163 years ago, more or less, there was another J. Rich writing for the paper. In addition to writing for the Courier, Joshua also wrote for "Forest and Steam" which eventually became "Field and Stream." According to the article I read, he moved his family to an abandoned farm at Metlak Point in Upper Richardson Lake, twenty-three miles from Andover and made his living from hunting and trapping, then moved to Upton, to which I also have a connection. He returned to the lakes and opened the original Middle Dam Camps, then known as Angler's Retreat.

So. Woodstock

By LOLALEE DILLINGHAM



Well, dear readers looks like we are in for some serious snow, they are

predicting up to 18 to 20 inches before it's done sometime Saturday. This will truly make the snowmobilers and skiers happy, as for me well, doesn't make much difference as long as some of our local businesses benefit from it, and most kids love the snow so they will be happy too.

The birds are also busy at the feeders this morning - I have a cardinal out amongst the chickadees and nuthatches.

Muffins in the oven baking and filling the house with great aromas. Keith joined Yogi and I

for coffee and hot muffins.

Condolences to the families of Gloria Batchelder.

Birthday wishes to Ginny Luneau, Betty D., Julie Smith, Keith Hadley, JoAnne Appleby, Melody Hadley, Zachery Wilday, and Jim Mason III.

Celebrating anniversaries are Glendon and Martha Hadley, Yogi and Lolalee Dillingham and Elwood and Barbara Yeaton.

Yogi has been busy the past few days helping the kids to get moved into their new home.

Not much news this week as I have been sticking close to home fighting a bad sinus infection.

Please remember to help out the Girl Scouts, it's that time of year to order their great cookies.

So that's all from the valley this week, stay well...

Wishing each of you a very Happy Valentine's Day.

Waterford

By ROCKIE GRAHAM



I trust all survived the storms. It was a big one, but nothing we couldn't

handle. All the hype made it feel like we could all die any time. I must say it is beyond me why people run to the grocery store the minute they threaten us with a storm. Doesn't anyone have any food stored for emergencies? We always have a store of rice and beans and some

canned goods to get by with. I did not live through the depression, but my parents and grandparents did and they taught us to have the basics stored for emergencies. Or maybe I learned that later. In any case, we do have rice and beans and a few other staples. Which in our case, includes popcorn.

Happy Valentine's Day to all. We may attend the Billion Rising Dance at Oxford Hills. It is to end Domestic Violence. It starts Saturday at 7 p.m.

A Happy Belated Birthday to Granddaughter Shana Morin. Her birthday was Sunday. My column last week got stuck in Cyberspace.

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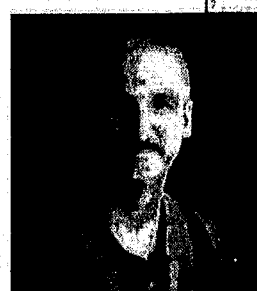
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Thursday, the 14th ACA will meet at the Waterford Library at 10 a.m. FMI: call 739-9115.

Friday, the 15th at 6 p.m. Richard Blanco will read poetry Gould Academy at the Bingham Auditorium. There is a reception following. For more details please e-mail info@mahooocarts.org

Saturday, the 16th starting at 10 a.m. there will be a snowshoe trek in Sunday River Valley guided by Rick Churchill. Rentals available. Meet at Sunday River Inn.

Saturday, the 16th at 6:30 p.m. Snowcano Eruption at the Festival Plaza in Bethel. Free and open to the public.

Monday, the 18th, Knit and Chat Group meets 2 to 4 at the Waterford Library.

Wednesday, Feb. 20, AARP will be at Norway Town Office to answer questions and concerns. FMI: call (800) 427-1241.

That is all for this week. Enjoy playing in the snow and stay warm.

Backyard reflections

By SARA WRIGHT

I stood at the window gazing at the shivering landscape sculpted by high winds and swirling snow. The waning moon cast a silver net over the evergreen forest. It was New Year's Eve, and as I wondered what was happening beneath the ivory blanket the miracle of bear hibernation came to mind.

Like many Native peoples I call January the month of the "Bear Moon." Why? Because polar, grizzly, and black bears not only go into hibernation but give birth to cubs during this darkest month while they are hibernating. Although bears mate in the spring or summer of the previous year

"delayed implantation" allows the fertilized egg to float unattached in the uterus until the bear goes to den, and if the female is not able to put on the necessary weight before hibernation the eggs will abort naturally.

Some researchers contend that bears don't really hibernate because the bear only lowers its temperature a few degrees and does not fall into the near freezing comatose state of true hibernators like the bat. Other scientists point out that hibernation is generally defined as an adaptation to periods of food shortage and low environmental temperatures.

Either way, bears are "metabolic marvels" according to black bear physiologist Dr. Ralph Nelson, because they curl up for six months or more without changing position and without the need to defecate, urinate, eat or drink. Just prior to denning bears stop eating, drinking, and sleep up to 22 hours a day, allowing their metabolism to shut down slowly.

A bear's heart rate drops to 8 to 10 beats a minute from summertime rates of 40 to 70 beats per minute, yet the bear's metabolism continues to function at 50 percent of its normal capacity; thus during hibernation a bear will burn 4,000 calories a day and lose fat, which provides both food and water for the bear through its breakdown. Nitrogen waste is re-absorbed so that blood plasma remains constant. All of this is achieved by constricting the blood flow to some parts of the body's muscle and tissue; yet the brain retains a normal oxygen supply. Bears lose weight during hibernation but not muscle or bone. Urine is re-absorbed through the bladder wall and eventually forms new tissue and prevents bone loss. No one knows how a bear is able to recycle its

Looking for a home



Diamond and Shadow are a mother and son pair of cats that are inseparable. They share the same kennel space at Responsible Pet Care and are often seen snuggling together. Diamond is 2 years old. She is a short-hair, gray-tuxedo cat with a distinctive diamond mark on her forehead. Shadow is nine months old. His gray color is called blue in the cat fancy world. Both cats are quiet and friendly. They were found wandering around the local transfer station before they were brought to the shelter. They are the purrfect pair for the person or family that wants two cats to treasure for many years. Responsible Pet Care of Oxford Hills is a no-kill shelter and adoption center for cats and dogs located at 132 Waterford Road in Norway. There are many pets at the shelter waiting for their forever homes. For more information about Responsible Pet Care, the adoption process, or to see more adoptable pets visit their website at www.rpc.petfinder.com or call 207-743-8679.

waste so efficiently. Biologists and scientists want to learn more about bear hibernation because understanding bear biology could teach humans how to avoid bone loss (osteoporosis) and may assist in solving a number of other critical medical problems.

The most exciting part of hibernation to me is that within a month or two mother bears give birth. Although bears that den alone appear to sleep through most of the winter, mothers denning with a first year female cub, as well as those giving birth, remain alert enough to care for the young as they are born and afterwards throughout the winter months.

The mother's almost normal body tempera-

ture keeps the cubs warm as they nestle next to her belly.

At birth the cubs are blind and toothless and weigh only 16 to 20 ounces, but they will rapidly gain weight because bear milk has the greatest amount of fat (of all animals) and is extremely nutritious. That older sisters sometimes help with the new born twin (usually) cubs is a testament to the strength of the relationship bonds between family members.

Although the cubs weigh only a few ounces, they will rapidly gain weight. By the time the cubs and the mother leave the den in the spring the cubs will weigh 10 - 15 pounds and will be full of energy, while the adults will be sluggish as they slowly regain their

normal metabolism.

Bears lose 20-40 percent of their weight during hibernation. The new mothers will continue to lose weight until the berry season begins in early June. The cubs will continue to gain weight at a phenomenal rate as they thrive on the milk their mothers provide. Within a few weeks mothers, yearlings, and adult bears will be ready to forage for the first tender spring greens. Perhaps if we understood what a bear endures through hibernation we can forgive them for being so hungry in the early spring.

I try to imagine what it would be like to sleep in peace under the snow for the coldest months of the year. What an amazing

adaptation this animal makes. Native peoples would tell us that bears are one of our oldest and wisest of "relatives" and are able to teach us the ways of natural plant healing if we are willing to learn from them.

It is interesting to note that bears have been in their present form for 300,000 years longer than humans have walked the earth. It is important to recognize that we share most of our DNA with these animals. In a biological sense bears are indeed our older relatives. Is it possible that we may indeed have much to learn from these animals that are so emblematic of the vanishing "wilderness" that we are still fortunate to call home?

Anyone interested in seeing what happens to a bear during hibernation is encouraged to visit Bear.org, where den cams are being set up.

SWOAM news

"Deer Ecology, Habitat Management and Food Plots" will be the topic of the 7 p.m., Feb. 21, meeting of the western Maine chapter of the Small Woodland Owners Association of Maine at Oxford Hills Comprehensive High School.

Representatives from the Maine Department of Inland Fisheries & Wildlife, the Maine Forest Service and the Quality Deer Management Association will speak on a variety of subjects related to managing deer on small woodlots. The meeting set for Room E118 is co-sponsored with the Oxford County Soil and Water Conservation District. For more information, contact Michele Windsor at 743-5789 ext. 101.

The meeting is free and open to anyone.

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SATURDAY, FEBRUARY 16
Guided Snowshoe Hike with Naturalist Rick Churchill. Gentle walk featuring Rick Churchill's observations of the winter landscape. As a lifelong naturalist, Rick sees the patterns in nature that the rest of us walk right by. Always fascinating to spend time outdoors with him! Bring snowshoes or rent them at Sunday River Inn. Meet at 10 a.m. at the Sunday River Inn. Organized by the Mahoosuc Land Trust and part of Great Maine Outdoor Weekend. FMI: (207) 665-2068.
Ice Fishing at Bryant Pond 4H Camp. Ever wanted to try ice fishing? Feb. 16 is free fishing day for everyone in Maine - no license required. Orion Outfitters will provide equipment and instruction by registered guides at Bryant Pond 4H Camp as part of Great Maine Outdoor Weekend. Free! FMI: (207) 665-2068.
Snowshoe hike up Mt. Christopher. Bryant Pond 4H Camp naturalists will lead a moderate snowshoe trek up Mt. Christopher, introducing you to animal tracks and the surrounding landscape. Snowshoes available. Meet at 9:30 a.m. at Bryant Pond 4H Camp. Followed by hot cocoa and refreshments. Part of Great Maine Outdoor Weekend. Free! FMI: (207) 665-2068.

Scott Andrews, board member of the Maine Ski Museum in Kingfield will show and discuss his work on **The History of Nordic Skiing in Maine** at Sunday River Inn in Newry at 4:30 p.m. This show will be sponsored by The Outdoor Center, the newly formed nonprofit organization that has taken over the operation of the Sunday River Cross Country Ski Center. It should be of great interest to all nordic skiers, especially those who can remember the days of knickers and knee socks as XC fashion. All are welcome to this free event.
Live music from Pete Kilpatrick at The Bethel Inn Resort. Pete Kilpatrick, voted Maine's Top Male Vocalist, performs live for the crowd at The Bethel Inn Resort's Millbrook Tavern starting at 8:30 p.m.
Horse-drawn Sleigh Rides at The Bethel Inn Resort. Half-hour trips leave from The Bethel Inn Resort from 5pm - 7:30pm. Please call (207) 824-2175 for reservations.
Sledding hill open to public all day. BYOS (bring your own sleds!) Sled at your own risk.

Snowcano eruption at 6:30 p.m. - We'll set a huge bonfire in the middle of the giant snowpile, creating the effect of a volcano. It's quite a sight!
SUNDAY, FEBRUARY 17
Snowshoe hike in the Bingham Forest. Join Mahoosuc Pathways for a moderate-to-challenging snowshoe trek into Bethel's Bingham Forest (the back side of Sunday River). Meet at Festival Plaza at 9 a.m. to carpool to the starting point. Part of Great Maine Outdoor Weekend. FMI: Click here or contact Gabe Perkins at gabe.perkins@gmail.com or (207) 217-7262.
Mt. Abram Torchlight Parade. Start off vacation week with a torchlight parade at 6 p.m. FMI: (207) 875-5000.
Live music from Scott Folsom at The Bethel Inn Resort. Enjoy live music from Scott Folsom in The Bethel Inn Resort's Millbrook Tavern starting at 8:30.

TUESDAY, FEBRUARY 19
The Tardy Brothers at Sunday River. Bring the whole family to the Grand Summit Hotel at 7 p.m. for the hilarious comedy, amazing juggling, and incredible performance of The Tardy Brothers. FMI 1-800-543-2754.
Horse-drawn Sleigh Rides at The Bethel Inn Resort. Half-hour trips leave from The Bethel Inn Resort from 5pm - 7:30pm. Please call (207) 824-2175 for reservations.

THURSDAY, FEBRUARY 21
Horse-drawn Sleigh Rides at The Bethel Inn Resort. Half-hour trips leave from The Bethel Inn Resort from 5pm - 7:30pm. Please call (207) 824-2175 for reservations.

FRIDAY, FEBRUARY 22
Evening XC skiing at The Outdoor Center at the Sunday River Inn. 6-8 p.m. A fun, easy, and kid-friendly evening nordic skiing event. Join the crowd around the campfire for roasted marshmallows and a reading of "The Cremation of Sam McGee." Free! Equipment rentals available at reduced rates.
Live music from Shawn Tooley at The Bethel Inn Resort. Enjoy live music in The Bethel Inn Resort's Millbrook Tavern starting at 8:30 p.m.

SATURDAY, FEBRUARY 23
Sledding hill open to public all day. BYOS (bring your own sleds!) Sled at your own risk.
Snowshoeing trip & demos 10 a.m. to 3 p.m. Free snowshoe demos from True North Adventureware at Festival Plaza. Snowshoeing trip (easy) leaving from Festival Plaza at 1 p.m.
Free snow groomer rides 10-3 p.m. at Festival Plaza courtesy of Greenstock SnowSports.
RAILWARS 6 p.m. - a rail jam on the side of the Snowcano! FMI: (207) 824-2882.
Mt. Abram Ski Club Annual Auction. Don't miss the fun! FMI: 875-5000.
Horse-drawn Sleigh Rides at The Bethel Inn Resort. Half-hour trips leave from The Bethel Inn Resort from 5pm - 7:30pm. Please call 824-2175 for reservations.
Mad Science, Fire & Ice at Sunday River. Children explore the 3 states of matter and learn about the amazing properties of fire and combustion. Show starts at 7 p.m. at the Grand Summit Hotel at Sunday River. FMI 1-800-543-2754.

Moonlight Ski at Carter's XC Ski Center Guided cross-country ski tour under the full moon! FMI: 539-4848
Live Music from Denny Breau at The Bethel Inn Resort. Local legend Denny Breau live in The Bethel Inn Resort's Millbrook Tavern starting at 8:30.
"Schuss-Boom & Schuss-Bust" - A program of the Ski Museum of Maine. 6 p.m. at the West Parish Congregational Church on Church St. in Bethel. Scott Andrews, of the Ski Museum of Maine, will talk about the skiing history in Maine and show a slideshow entitled Schuss-Boom and Schuss-Bust: Fast-Paced Growth and Face-Plants in Maine Skiing 1946-1980's. This program focuses on the boom times following World War II and ends with setbacks in the 1970's and 1980's. For most viewers under 80, this period covers their personal experiences, including several shots from Bethel. West Parish Congregational Church in Bethel will sponsor a supper of casserole, homemade pie and homemade rolls at 6 pm followed by the presentation. \$8.00 includes both the delicious meal and the slide show. FMI: Jane Chandler, 357-3524 or Michele Perejda, 400-6227.

For complete information on the Bethel area including where to stay, where to eat, and things to do all year round, go to www.bethelmaine.com

MT. ABRAM & Loose Boots Lounge
Thursday's Deals
On the slopes
2 for 1 lift tickets and Free after three
Off the slopes
\$5.00 16" Large Cheese Pizza
Pizza deal 5pm-9pm
Mt. Abram Resort 308 Howe Hill Road, Greenwood, ME 04255
207-875-5000 www.skimtabram.com

Bethel WinterFest 2013 is organized by the Bethel Area Chamber of Commerce and presented by

Norway Savings Bank COLORFUL SOLUTIONS
 Sunday River

Snowshoe Hike
February 23 • 1 p.m.
Stop in anytime to try our snowshoes for free!

Winter Festival Special!
Buy a pair of snowshoes and get a pair of Tubbs adjustable poles for \$51 (a \$35 value)
Hours: Mon-Thurs 10-6
Fri & Sat 9-6 ~ Sun 9-5
196 Walkers Mills Rd, Bethel
1 Mile South of the Village on Rt. 26
207-824-2201

Winter Fest Sale
Mon. - Sat., 10 to 5
1/2 Off On Winter Sportswear

88 Main Street ~ Bethel, Maine ~ 824-2989

THE SUDSBURY INN
LODGING & FINE DINING
For Reservations: 824-2174
BISTRO 151
Open Daily at 3pm
151 Main Street, Bethel ~ www.thesudburyinn.com

THE SUDSPUB
Open for Lunch & Late for Burgers, Beer and LIVE ENTERTAINMENT!
Open at 11:30am Every Day
Take-Out 824-6558

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Great Selection of Rentals
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Sunday River
Find Your Happy Place
\$5 Night Skiing During Presidents' Week
Offer valid Sunday, February 17 through Friday, February 22, 2013. Night skiing is available from 4-8 p.m. Any daytime lift ticket is automatically valid until 8 p.m. on night-skiing days. Guest may purchase their \$5 night skiing ticket at the South Ridge Welcome Center.
800.543.2754
SundayRiver.com

FEB

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Two presentations from Maine Ski Museum

Scott Andrews, board member of the Maine Ski Museum located in Kingfield, will be in Bethel twice during Bethel's WinterFest Celebration to present two of the eight historic slide shows that he has created from interviews and old pictures.

On Saturday, Feb. 16, at 4:30 p.m. Scott will show and discuss his work on The History of Nordic Skiing in Maine at Sunday River Inn in Newry.

This show will be sponsored by The Outdoor Center, the newly formed nonprofit organization that has taken over the operation of the Sunday River Cross Country Ski Center. It should be of great interest to all Nordic skiers, especially those who can remember the days of knickers and knee socks as XC fashion. All are welcome to this free event.

The following Saturday, Feb. 23, Scott will return to the area to give his presentation on Maine's Lost Ski Areas at a public supper put on by the West Parish Congregational Church World Service Committee to raise funds for its outreach programs. This show and discussion looks back at the beginnings of downhill skiing in the state and remembers ski areas that time has passed by, including some in the Bethel area.

Enjoy an old-fashioned Saturday Night Supper and learn about skiing in bygone days. Supper will be at 6 p.m. at a cost of \$8.

MLT snowshoe trek

The Mahoosuc Land Trust and Western Mountains Senior College invite all in the area to a guided snowshoe trek of the Sunday River Valley on Saturday, Feb. 16, from 10 a.m. to noon. This gentle hike will begin at Sunday River Inn and Cross Country Center on the Sunday River Road in Newry. Snowshoes will be needed and can be rented at the Cross Country Center. Participants are asked to park across the street from the Inn.

The hike will be led by Dr. Rick Churchill. Rick Churchill is a horticulture consultant and founder and chair of Southern Maine Community College's horticulture program. He has served as associate editor for People, Places & Plants and is adjunct professor with The Landscape Institute. His many years of college teaching, outdoor adventure travel and horticultural/arboricultural consulting allow him to bring a broad range of experiences to his audiences. Join him as he shares his keen observations of the winter landscape and his ever-present sense of humor.

Participants in the hike will join hundreds of Mainers participating in the Great Maine Outdoor Weekend, enjoying a wide variety of winter activities statewide. Between Feb. 15 and 18, community groups, land trusts and businesses around Maine are hosting more than 50 events, most of them free and at an introductory level. Coalition member Gary Best of the Maine Division of Parks and Public Lands says, "We hope people will use the weekend to discover the winter wonders offered by natural settings close to their homes." For more information about Great Maine Outdoor Weekend events, visit www.greatmaineoutdoorweekend.org.

The Mahoosuc Land Trust is a conservation land trust serving the communities surrounding the Mahoosuc Mountains, and has the mission of protecting and conserving land and traditional land uses. Learn more at www.mahoosuc.org.

The mission of the Western Mountains Senior College is to support lifelong learners in their quest for new knowledge and experience. Visit their blog at <http://wmscollege.blogspot.com/>.

Delighted to collaborate in sponsoring this event, both organizations are eager to see lots of folks at the Feb. 16 walk. For more information contact Mahoosuc Land Trust at 824-3806, or on Facebook. For last-minute cancellation questions call Bonnie Pooley at 824-2236.

Prime Time Ski Club news

The snowstorm over the weekend was a record breaker, but it was remembered history to Prime Time Skiers. We've been there and done that, but it was great to relive that kind of snow fall. Those who skied on Friday had a rare New England experience, powder and more powder. Skiing was great earlier in the week, too, but Friday was a rare one, a treasured one, skiing that occurs in a New Englander's dreams.

We all hope that a little bit of that fluff remains for us in the coming week. We'll take it anywhere, along the edges, the middle of the trail or a trail abandoned for a time by the groomers. Groomed packed powder just doesn't compare. Even the men of the night running their huge machines up and down the mountain must have had one of the great nights of their lives. The North Peak Lodge 10 a.m. meeting will be full of chatter as Prime Timers retell the stories of their great top-to-bottom runs with snow churning up to their waist. Good times, yes indeed, good times.

Our website is www.primetimeskiclub.com.

The Primetime Ski Club is an independent ski and social club welcoming anyone 50 and over. We meet weekdays at 10 a.m. at Sunday River's North Peak Lodge to form daily ski groups of members based on ability, terrain, and social aspects.

WMNF artist sought

The White Mountain National Forest (WMNF) and the Arts Alliance of Northern New Hampshire are pleased to announce the third year of the WMNF Artist-in-Residence program. Interested artists in all media are invited to apply for the 2013 residency, a celebration of the connections between forest, landscape and culture. The deadline for applications is March 9.

The program offers professional and emerging artists from around the country - visual and performing artists, craftspeople, writers, composers, eco artists and media artists - an opportunity to pursue their particular art form while being inspired by the surrounding forest and, on several occasions, sharing their work and their artistic process with members of the public.

Find more information and an application at www.aannh.org or contact the Arts Alliance at Frumie@aannh.org, (603)323-7302.

News from the Bethel Historical Society

One of the more important ways the Bethel Historical Society shares its collections and facilities on a regular basis is through collaboration with other organizations. These cooperative ventures result in tangible benefits for both parties, while allowing the society to accomplish its mission of making this region's history meaningful, accessible, and enjoyable.

In early January, the society was able to assist a representative from the Androscoggin River Watershed Council in locating and copying historic images for possible use in connection with its "Androscoggin River Trail" project. Taken on or near the river and its tributaries, a number of these photographs included scenes of log driving, dam construction, and logging camp life. A water trail along the full length (170 miles) of the Androscoggin River from Lake Umbagog in New Hampshire to the easterly end of Merrymeeting Bay in Maine, the Trail provides public access to the vast majority of the river system through more than 40 existing sites. The Watershed Council hopes to utilize the historical society's photographs on kiosks at popular access points. (The society has also supplied similar images for recently developed kiosks in Grafton Notch State Park.)

Closer to home, the Bethel Historical Society has been working with the staff of the soon-to-open Maine Mineral and Gem Museum on Main Street. Realizing that the MMGM hopes to develop a research facility where scholars and the general public can discover a wealth of information on minerals and mining in Maine, the historical society recently provided copies of numerous magazine and newspaper articles on these subjects from an extensive file donated by the Maine Geological Survey.

As a result of current efforts to locate and re-catalog its collections, the society has been able to loan MMGM two rare films of the Wheeler Mine and Main Street Mica Shop operations that were made in 1957. Hoping to make use of some of the film footage in its inaugural exhibits, the MMGM is arranging to convert the films to DVD format to make viewing easier and to avoid damaging the originals. At some future time, the historical society and mineral museum plan to hold a public screening of the Mica Shop movie (which lasts only about 5 to 7 minutes) with the expectation of identifying some of the people shown.

As regards the upcoming Western Maine Fly Fishing Expo on March 23, the society will furnish space in the Mason House exhibit hall for various demonstrations and talks, which, last year, took place under crowded conditions at the Bethel Inn Conference Center. Arrangements for using the society's facilities were made with the Upper Andro Anglers Association. As its contribution to that day's educational programming, the society will mount an exhibit about Bethel-born James Barbour Daniels, who was once considered to be among the foremost bamboo fly-rod makers in Maine.

Finally, the historical society continues to plan displays and events surrounding the Bethel Inn's 100th anniversary. Besides an exhibit of Inn brochures, menus and photographs that will soon open at the Robinson House, the society's 2013 Stanley Russell Howe Lecture on Oct. 12 will feature a talk by Dona Brown, Professor of History at University of Vermont, on the emergence and impact of "auto tourism" during the early twentieth century - when the Bethel Inn opened to the public.

Founded in 1966, the Bethel Historical Society is western Maine's largest and most comprehensive historical agency. With nearly 1,000 members, the society fosters a sense of place - with a focus on western Maine and the White Mountain region - by collecting, preserving, displaying and interpreting historically significant artifacts and documents for residents, visitors, students, and scholars. Through its exhibits, programs, events, and publications, the society strives to make the region's history meaningful, accessible, and enjoyable. In 1974, the society acquired the 1813 Broad Street residence of Dr. Moses Mason, which now contains a period house museum, exhibit hall and research library.

In 1999, the society opened the O'Neil Robinson House (next door at 10 Broad Street) to the public for an expanded exhibits program, museum shop space, and administrative offices.

Trout Unlimited news

The Mollycodd Chapter of Trout Unlimited is proud to announce that renowned Maine fly fisher, Rod McGarry, will be speaking on Thursday, Feb. 21, in the basement hall of the First Congregational Church in South Paris, which is located on Route 117, just south of Market Square.

Rod has gathered some of the skills, techniques, tackle and strategies that a recreational angler can learn from competitive fly fishing. In a fast-paced, high audience participation workshop Rod will share many of the ways one can take some small steps forward. Rod is a Registered Professional Maine Guide, a Board Certified Master Fly Casting Instructor and the staff instructor for L L Bean's Outdoor Discovery Schools.

He has been fly fishing for trout in Maine for 49 years and is well aware that fly fishing calls for some understanding about tackle, equipment, flies, water, clothes, and conditions. Two years ago he was given the Harger Award by the Federation of Fly Fishers for his noteworthy contributions to fly fishing through his instruction and education. Rod shares this honor with such fly fishing luminaries as Lefty Kreh and Dave Whitlock. As Rod states, "I like to take folks down that more winding path that leads to learning how to fly fish. My job is to help them achieve success by their own standards, not mine."

Preceding Rod's talk at 7 p.m. members of the Mollycodd Chapter will be teaching fly tying to anyone interested at 6. This meeting is open to the public. In addition, a raffle will be held to benefit the chapter's efforts to construct a Veterans' Fishing Pier at the Songo Locks in Naples to help Wounded Warriors have access to one of Southern Maine's premier fishing spots. FMI: Call Lee at 743-9808.

Church Services

BETHEL

Bethel Alliance Church - 251 Walker's Mills Road, Rev. Kevin Bellinger, Senior Pastor & Nicholas Lutz, Youth Pastor. Sundays: 9 a.m. Sunday School for adults and children, "Sunday Morning Live" for Middle and High School youth; 10 a.m. Worship Service (Nursery care and

Children's Church are available); 4:30-6:30 p.m. Kidz Klub (4 yrs.-5th grade). Tuesdays: High School Youth Group 5-7 p.m. Thursdays: Middle School Youth Group 5-7 p.m. FMI: 207-824-2289

Bethel Church of the Nazarene - 16 Church Street, Bethel. Sunday School, 9:30 a.m. A.M. Worship, 10:30 a.m. Wednesday,

Bible Study and Prayer, 7 p.m. Third Sunday of each month at 9 a.m., breakfast open to the public at no charge. For info or if you have a prayer request: Gerry Shumamura 824-7289 or Juanita Korhonen 665-2528.

Roman Catholic Church of the Holy Savior, Our Lady of the Snows - 265 Walk-

ers Mills Road (Rt. 26). Fr. Robert Vaillancourt may be reached at the parish office 364-4556. Saturday Mass, 6 p.m. Announcements 824-2933.

West Parish Congregational - Church Street, Rev. Virginia Rickeman, Pastor. Sundays: 10 a.m. worship and Sunday School Sept.-May.

News from The Eddy school

This past month at The Eddy in art class with Sara Hemeon of Elements Gallery we did a 3-dimensional still-life charcoal drawing. The way we had to shade things was very cool. Everybody enjoyed it, even the kids who usually don't like doing art (it was very messy).

We also began to work on our next set of root words. Most of the roots are Latin or German. When we started learning them, it became much easier to figure out what big words meant with no help because it was usually made up of two different roots that we knew. Root words can be boring, but definitely help me with literature.

At recess we are allowed to go down to the river where there is tons of fallen trees on the hill, where we make little "Houses" out of. We just recently finished Mr. Poppers Penguins, a light and easy read that we had a book group discussion about.

We are also practicing The 8 Keys Of Excellence. The 8 Keys Of Excellence are movements and words to have a growth mindset. For example: Failure leads to success, This Is It, Flexibility, Balance, Ownership, Integrity, Commitment and Speak with good purpose. We are working on This Is It. It means "Not to count time, make time count." Or live life at its' fullest.

We just finished a World War I unit. We had to write a fake newspaper article and read a few books on it. We had a retired history teacher, Dr. Ouwinga, come in four times in two weeks, and told us almost everything about World War I.

Most of it was exciting and some of it was horrible! But it was all the truth about World War I. We also picked a technological advancement topic in WW I to make an ad for, and share it with the class.

Sports

High School Girls' Nordic Skiing

MVC Championship Freestyle at Black Mt., Feb. 8 - Telstar: Carla Boyle-Wight 21:06, 7th place; Gabi Stone 22:12, 14th; Rachael Wheeler 24:28, 19th; Pin Jintasataporn 25:32, 26th; Anneliese Smith 29:26, 43rd; Annalise Hawthorne 31:04, 46th; Tabitha Corriveau 52:01, 57th.

MVC Championship Classical Nordic Race at Titcomb Mountain, Feb. 12: 7th Carla Boyle-Wight 22:48. Carla was also 6th in the Pursuit (Classical and Freestyle times combined), 13th Rachael Wheeler 25:05, 15th Gabi Stone 25:24, 21st Kaitlyn Brown 27:05, 26th Jiranant Jintasataporn 28:14, 32nd Annalise Hawthorne 29:22, 33rd Anneliese Smith 29:28, 49th Aislinn Forbes 34:29, 55th Tabitha Corriveau 44:51. Gabi Stone was 3rd Female Ski Meister for the MVC Championship. The Telstar Women's Team came in 3rd overall for MVC Nordic.

High School Boys' Nordic Skiing

MVC Championship Freestyle at Black Mt., Feb. 8 Telstar: Greg Wheeler 20:52, 24th place; Nicholas Johnson 22:08, 34th; Aaron Speakman 22:09, 35th; Liam Gallagher 22:11, 36th.

MVC Championship Classical Nordic Race, Feb. 12: 37th Aaron Speakman 25:18, 41st Nicholas Johnson 25:26, 46th Liam Gallagher 26:01, 50th Greg Wheeler 27:09. Aaron Speakman was 7th Male Ski Meister and Nick Johnson was 8th Male Ski Meister.

TMS Boys Varsity Basketball

Telstar 53, St. Dominic's 40; Feb. 6 - The Telstar Middle School varsity boys concluded the season with a win over St. Dominic's. The team finished the year with a 6-6 record. The Rebels had a balanced scoring attack with Matthew Bennett leading the way with 14 points. Jarrett Bean and Brandon Dougherty added 9 points each, Jeremiah Richardson tossed in 8, and Tanner Wheeler had 7. Great way to end the Season! Good job, team! - Coach Tim O'Connor

Mountain Valley Rec Basketball

The Laid Back Installers (10-1), Hotel Rumford (9-2), and Bethel Bobcats (8-3) were all victorious this past weekend. LBI and Bethel won in blowout victories. Black Bear Industries (4-7) couldn't get enough players together and forfeited its game to Hotel Rumford.

Bethel got 51 points from their big men, Matt Newell (26) and Matt Zetts (25), and dominated the boards against the winless Thundercats (0-11). Wade Osgood contributed 15 points and Ryan Kimball had 13. The Thundercats' Mike Leclerc had a good shooting game with 21 points and five threes. Tom Leclerc was next with 17 points, and Jessie Cross had 12.

LBI was too fast, quick and strong for Archie's (2-9), and won in dominant fashion, 114-59. LBI spread the wealth and had 5 players in double figures. Chris Baxter led with 30 points, Eric Canwell was next with 26, Jon Benjamin with 17, and Brian Canwell and Glen Dubois with 12 each. Archie's Kenny Armstrong had a decent shooting game and led his team with 24 points while Justin Archibald and Mike Holmquist had 15 points each.

Sunday, Feb. 17, will be the end of the regular season. Games this week will be played at Mt. Valley Middle School. At 10 a.m. Hotel Rumford and the Thundercats play each other. At 11:30 a.m. LBI and Black Bear Industries play. Bethel and Archie's finish it up at 1 p.m.

The league is also gearing up for their invitational basketball tournament in March. This will take place after playoffs during the weekend of March 22, 23, and 24. The 16-team, two-division tournament is open to players 18 and older and benefits the Mountain Valley Athletic Boosters. There are currently 10 teams signed up. Please contact Eddie Paterson at 364-9352 or epaterson2@roadrunner.com.

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Community Calendar

Calling Artists and Fine Crafters to 24th Annual Bethel Art Fair. Single artist 10x10 booths \$80. Food vendor 12x12 booths \$100 (electricity included). Food vendors must supply proof of insurance, and are responsible for grounds clean-up immediately surrounding the booth. FMI: Aranka Matolcsy (890-3386) or (info@mahoosucarts.org). Applications/guidelines also available at www.mahoosucarts.org.

Eat Well Volunteer Training, Oxford County Extension Office, South Paris. Participants receive 30 hours of training on recipe demonstration, basic nutrition, food safety, and more to pass on to local food pantries. Training offered Tuesdays from 11 a.m. to 2 p.m. April 2 through June 4. Course fee: \$110. Scholarships available. FMI: Call 743-6329 or e-mail lesley.quick@maine.edu.

Thursday, Feb. 14

10 a.m. - **ACA Meeting,** Waterford Library. FMI: 739-9115.

2 p.m. - **Holiday Craft Program led by Charlotte Winchester,** Whitman Memorial Library, Bryant Pond. Come and join the fun! The public is invited at no charge. Light refreshments will be served.

5 to 7:30 p.m. - **Valentine's Day Sleigh Rides in Bethel.** Sleigh rides depart from the Bethel Inn. Reservations recommended (824-2175).

7 p.m. - **One Billion Rising - Moving Our World - Rise Up and Dance to End Violence,** Oxford Hills Comprehensive High School Forum.

Friday, Feb. 15

3 p.m. - **Reading and Reception with Inaugural Poet, Richard Blanco,** Bingham Auditorium, Gould Academy. Free tickets available starting Friday morning at the Bethel Town Office, Gould Academy Bookstore, Bethel Area Chamber of Commerce, Good Food Store, Pok Sun Emporium, Brooks Bros. Hardware, and We've Got the Look. Tickets limited to 4 per person. FMI: info@mahoosucarts.org.

Grant/Grant Program Workshop, Gould Academy's Ordway Hall. Sponsored by the Mahoosuc Arts Council and the Maine Arts Commission. Free of charge. Includes lunch. Limited to 12 participants working through six 15-minute segments.

Saturday, Feb. 16

3 a.m. to 1 p.m. - **Free Ice Fishing and Guided Snowshoeing,** Lake Christopher. Equipment and bait provided by Orion Outfitters and Guide Service. Learn basic ice fishing skills or join naturalists for a guided snowshoe hike to the summit of Mt. Christopher. FMI/Registration: 665-2068.

10 a.m. to 2 p.m. - **Child Safety Seat Inspection,** Norway Fire Department. Certified Child Passenger Safety Technicians will be available to provide free hands-on seat inspections.

10 a.m. - **Guided Snowshoe Trek,** Sunday River Valley. Gentle walk featuring naturalist Rick Churchill's observations. Snowshoes necessary. Rentals available. Meet at the Sunday River Inn. Parking across the street.

4:30 p.m. - **The History of Nordic Skiing in Maine,** presented by Scott Andrews at the Sunday River Inn, Newry. All are welcome to this free event.

5 p.m. - **Upton Ladies Aid Dinner,** Ladies Aid Building, Upton. Dinner will feature German fare.

5 p.m. - **Oxford County Republican Committee Lincoln Day Dinner,** Four Season Function Center, South Paris. Guest speaker: Former Massachusetts Republican Senator, Scott Brown. Tickets for the event are \$45 and include a full buffet dinner and copy of Scott Brown's book, "Against All Odds." FMI/tickets: Kathleen Jackson (890-7585) or visit oxfordcountygop.org.

3:30 p.m. - **Snowcano Eruption,** Festival Plaza, 37 Cross Street, Bethel. The Snowcano is a bonfire built

inside a huge snow pile — when lit, the flames and sparks create a volcano-effect. Free and open to the public.

Sunday, Feb. 17

2 p.m. - **Cabin Fever Music Show with Butch Fuller and His Country Band,** Greenwood Town Office. Free, but donations are appreciated and will go toward buying more U.S. flags for Main Street.

Monday, Feb. 18

2 to 4 p.m. - **Knit and Chat Group Meeting,** Waterford Library.

Tuesday, Feb. 19

5 to 7 p.m. - **Federal Bureau of Prisons Job Fair,** Berlin New Hampshire Employment Security Office, 151 Pleasant Street. Berlin FCI needs to hire approximately 100 qualified staff to bring the facility to full activation status over the coming year. Eligibility/pre-employment requirements: Background investigation. Citizenship. Most positions must be hired prior to 37th birthday.

Wednesday, Feb. 20

1 to 4 p.m. - **SeniorsPlus, the Area Agency on Aging** will be at Norway Town Hall to answer questions/address concerns. FMI/appointments: 1-800-427-1241.

6 p.m. - **Missions Conference,** Bethel Alliance Church. Join us in welcoming Tim and Becki Steiner who have served in Mali and will be serving in France. FMI: 824-2289.

6 to 7:30 p.m. - **Living With Alzheimer's for Caregivers,** presented by Alzheimer's Association program director, Bill Kirkpatrick at the Rumford Community Home, 11 John F. Kennedy Lane. RSVP to Sue Ellen Richardson (364-7863).

Thursday, Feb. 21

7 p.m. - **Fly Fishing Workshop.** The Mollycoddett Chapter of Trout Unlimited is proud to announce that renowned Maine fly fisher, Rod McGarry, will be speaking in the basement hall of the First Congregational Church in South Paris. FMI: Lee (743-9808).

7 p.m. - **SWOAM Meeting,** Oxford Hills Comprehensive High School, Room E118. Topic of discussion: "Deer Ecology, Habitat Management, and Food Plots." FMI: Michele Windsor (743-5789 ext. 101).

6:30 p.m. - **Thursday Night Documentary and Dessert Film Series "What's on Your Plate?"** Presented by the Local Food Connection at Café Dicocoea (next to the market). FMI: Amy Scott (357-3189) or (aefscott@gmail.com).

Friday, Feb. 22

7 p.m. - **Missions Conference,** Bethel Alliance Church. Join us in welcoming Tim and Becki Steiner who have served in Mali and will be serving in France. FMI: 824-2289.

Friday Feb. 22 - Sunday, Feb. 24

Becoming an Outdoors Woman Winter Skills Weekend, Bryant Pond 4-H Camp and Learning Center. Workshop provides opportunities for participants to complete three sessions, choosing topics including winter survival, snowshoeing, ice fishing, archery, cooking wild game, and more. Registration: \$145, includes meals, equipment, and instruction. Commuters only. FMI/registration contact Emily MacCabe at 462-1017 or emily.maccabe@maine.gov or visit <http://www.mainebow.com>.

Saturday, Feb. 23

10 a.m. to 3 p.m. - **Free Snowshoe Demos** courtesy of True North Adventure. An easy snowshoe walk will depart Festival Plaza at 1 p.m.

10 a.m. to 3 p.m. - **Free Snow Groomer Rides,** leaving from Festival Plaza, provided by GreenStock SnowSports snowmobile club.

REGULAR MEETINGS AND EVENTS

ORGANIZATIONS

Andover

Sundays, 6 p.m. Andover School Withdrawal Committee meets.
Mondays and Tuesdays, 4:30 p.m.-Andover Fitness Club, Andover Elementary School gym,

Bethel

First Sunday of month, 7 p.m.—Bethel Snow Twisters at 208 Walkers Mills Rd.

Third Sunday of each month, 9 a.m. - Breakfast open to the public at no charge at Bethel Church of the Nazarene.

Last Wednesday of the month, 4:30-6 p.m.- Community Supper at Bethel Alliance Church. No charge. FMI: 207-824-2289.

Thursdays, 10 to 11 a.m.—Story Time for Children at Bethel Library (story plus craft) with participating mothers. October thru April. FMI: call 824-2520.

First and Third Thursdays of month, 6 p.m., Bethel Dog Park

Committee meets at Mahoosuc Land Trust building. In case of inclement weather, call 836-2100.

Second Thursday of the month, 10 a.m. to noon; fourth Thursday, 10 a.m. to 2 p.m.—Cross Country Quilters of Pine Tree Quilt Guild of Maine meet at Moses Mason House Barn, corner of Broad and Mason streets, Bethel. All quilters welcome. FMI: e-mail Pat McCartney at p_quilts@yahoo.com or call Kathy Thrall at 824-3111.

Upton

Sundays, 8 to 11 a.m. -Ladies Aid Society Breakfasts at the Ladies Aid building, Mill Road, Upton. Breakfasts vary. Cost: Donation.

Woodstock

Second Saturday of month, 6 p.m.—Woodstock Historical Society meeting at the Museum.

Norway/Paris/West Paris

Tuesdays 7:30-8:30 p.m.-West Paris Baptist Church group to foster wellness for anyone searching for faith based support. The group is intended for those facing the challenges of

6 p.m. - **Bethel WinterFest RAILWARS Snowano Rail Jam,** Festival Plaza, 37 Cross Street, Bethel. See some of the area's best freestyle skiers and snowboarders show off their best moves under the lights.

6 p.m. - **Ski Talk,** West Parish Congregational Church, Bethel. Church supper followed by Scott Andrews' presentation of "Schuss-Boom and Schuss-Bust," a slideshow of the history of skiing in Maine. Cost: \$8.

Sunday, Feb. 24

10 a.m. - **Missions Conference,** Bethel Alliance Church. Join us in welcoming Tim and Becki Steiner who have served in Mali and will be serving in France. FMI: 824-2289.

Monday, Feb. 25

4 to 5 p.m. - **Telstar Middle School Winter Sports Awards,** Telstar Auditorium.

Wednesday, Feb. 27

9 a.m. to 12 p.m. - **SeniorsPlus, the Area Agency on Aging** will be at the Rumford Town office to answer questions/address concerns. FMI/appointments: 1-800-427-1241.

2:30 p.m. - **Autism Forum Presented by Aimee Cecile-DesRoches,** 85 Lincoln Avenue, Rumford. Gather at Hope Association in pursuit of knowledge about autism spectrum disorders, treatments, and support for Maine children and adults with autism. FMI call 364-4561 or visit Drme.org.

Friday, Mar. 1

6 p.m. - **Dinner and a Movie,** First Congregational Church, Andover. Dinner will be provided and those attending are asked to bring a dessert or snacks. Donations will be accepted to defray the cost of the evening.

6 to 8:30 p.m. - **Telstar Middle School Activity Night,** Telstar Auditorium, gym, and cafeteria. Open to grades 6-8.

Saturday, Mar. 2

10 a.m. to 1 p.m. - **Telstar Athletic Boosters Bottle Drive,** SAD 44 Bus Garage. Proceeds to support all TMS/THS athletic teams.

Monday, Mar. 4

6 to 7:30 p.m. - **Telstar Middle School PTA Meeting,** Telstar Library.

Saturday and Sunday, Mar. 9 and 10

12-noon to 12-noon - **Downhill Derby at Mt. Abram.** The Downhill Derby is an exciting fun 24-hour downhill ski challenge to benefit WinterKids programs. Fabulous skiing and boarding. Plenty of activities to keep you entertained around the clock!

Saturday, Mar. 9

7:30 p.m. - **The Early Evening Show,** Buckfield High School. Join host Michael Miclon, Moto Hoonchbach, Dickie Hyper-Hynie, The Duffas, The Early Evening Show Orchestra, surprise guests and old favorites. FMI/Tickets: boodogfilms.com.

Thursday, Mar. 14

6 p.m. - **The Spirituality of Gardening** presented by Reverend and Master Gardener Virginia Rickeman at the CEB in Andover.

Saturday, Mar. 16

10 a.m. - **Child-friendly Adventure on Maggie's Trails.** Gentle snowshoe hike. Snowshoes and poles needed. Snacks provided. Meet at the entrance to Maggie's Nature Park on Greenwood Road, Greenwood.

7 p.m. to 12 a.m. - **St. Patrick's Day Dance with the Rockin' Roadrunners,** Jackson Silver Post 68, Gore Road. Proceeds to benefit Greenwood Fire Auxiliary, Greenwood Fire, and Jackson Silver Post 68 Auxiliary. 21+ event. BYOB. Tickets: \$8/single, \$15/couple.

SUPPORT SERVICES

SAFE VOICES

Safe Voices serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24 hour hotline 1-800-559-2927

REACH

Rape Education and Crisis Hotline 1-800-871-7741. Sexual assault/sexual abuse hotline, same number. Support groups and awareness education, past or present victims of abuse.

AA MEETINGS/ADDICTION HELP

Bethel Freedom Group. Open Discussion Meeting. Saturdays at 4:30 in the Snow Cap Inn conference room, next to the fitness room. Sunday River. Seasonal, Thanksgiving through April 1. Big Book Meeting Sundays at 6 p.m. at the United Methodist Church, Main Street. 12 Step/Traditions Meeting Tuesdays at 6pm at the United Methodist Church, Main Street. Open Discussion Meeting Fridays at 6 pm at Bethel United Methodist Church, Main Street.

People in recovery from alcohol/drug addiction may need to move to a Next Step group. Open to everyone who feels they may benefit from a change. FMI: Laurence Austin at 824-4077 (calls confidential)

Adult Children of Alcoholics and Dysfunctional Families (ACOA or ACA) meeting at Waterford Library (Route 37 across from the Commons) Thursdays, 10 to 11 a.m. All welcome. FMI call 739-9115.

CANCER WELLNESS

Support and Education for cancer patients, survivors and caregivers. Every Thursday, 1:30-3 p.m. Rumford Hospital, Room 357. (877) 336-7287. Call to confirm in stormy weather.

EXCHANGES/PANTRIES

Clothing Exchange, Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4, Thursday 4 to 6, Saturday, 10 to 12 a.m. Donations of gently-used clothing only accepted during open hours. No exceptions. 824-4090. Clothing may also be dropped off at Northeast Bank on Main Street.

Food Pantry, Nazarene Church, Park Street, Bethel. By appointment only (824-0369).

HELP FOR THE HOMELESS

Rumford Group Homes, Inc. operates three homeless shelters, a transitional living program for youth 18-21, homeless youth outreach and case management services for adults and children. Emergency shelter includes the South Paris Men's Shelter, the Norway Family Center for women and children in crisis, and our Rumford Family Center in Rumford for families. To make a referral or request help in the South Paris area, call 743-6363 or call 369-9439 for help in the Rumford area M-F 9 a.m.-5 p.m. For more information on Rumford Group Homes, Inc. call 364-3551 or visit www.rumfordgrouphomes.org.

MENTAL ILLNESS

Beacon House Social Club, 150 Congress Street, Rumford, a drop-in social club for adults suffering with mental, emotional,

grief, loss, addiction, codependency, and abuse issues. Light refreshments will be provided.

Third Wednesday of the month, Women's Imaging Center, Stephens Memorial Hospital, Norway, offering professional prosthetic and bra fittings for women on For appointment call 743-5993 Ext. 6851.

Second Thursday of the month, 9:30 to 11:30 a.m. at the Harper Conference Center, Ripley Medical Office Building, 193 Main Street, Norway. Staying on Your Feet, a free one-time course for adults aged 60 and over. Course includes balance screening, blood pressure check, leg-strength measurement, and education on staying fit.

Fridays 9:15 a.m.—Oxford Hills Duplicate Bridge, Norway. For more information, call Les Buzzell at 783-4153 or 754-9153; or e-mail: buzz116@myfairpoint.net.

Hebron

Sundays 2:30 to 4:30 p.m.- Seasonal Public Skating, Robinson Arena, Hebron. Adults, \$3/Children 12 and under, \$2/ WinterKids Passport holders, free. FMI: 966-2100.

or physical illness, provides support, relaxation, and socialization. Monday 1 to 5 p.m.; Tuesday 9 a.m.-2 p.m.; Wednesday 9 a.m.-8 p.m.; Wednesday 3-8 p.m.; Friday 2-7 p.m.; Saturday 11 a.m.-4 p.m. Oxford County Mental Health Services, support for adults and children with mental illness, same location, second floor, open Monday-Friday 8 a.m.-4 p.m. For more information, call 364-3549 or (800) 335-9999, or in off-hours 928-3222.

VETERANS' SERVICES

Maine Veterans Home, S. Paris, Veterans' Advocate visits first and third Wednesday each month, 9-12 noon (743-6300); Rumford 9-12 noon second Thursday at VA Clinic at 431 Franklin St. (369-3272). Maine Veterans' Services is located at 29 Westminster St., Lewiston (783-5306). (No visits in July)

MULTIPLE SERVICES

Community Concepts provides Oxford County Head Start, childcare, free rides to Maine Care appointments, subsidized apartments (Bethel, Brownfield, Fryeburg, Norway, Rumford, South Paris), affordable home-ownership opportunities, homeless shelter and assistance with home heating or weatherizing. FMI: call (800) 866-5588 or visit www.community-concepts.org.

ALZHEIMER'S SUPPORT

An Alzheimer's Support Group meets the 3rd Wednesday of every month from 6PM to 7:30PM at the Rumford Community Home located at 11 John F. Kennedy Lane. All are welcome. For more information call Sue Ellen Richardson, Social Service Director or Terry Drury, Residential Director at 364-7863.

FEB

14

2013

Puzzles4Kids

by Helene Hovanec

RIDDLE SEARCH - SCARED

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: **What did King Tut say when he got scared?**

- AFFRAID
- ASHEN
- CRINGING
- EERIE
- FAINT
- FEARFUL
- FRIGHTENED
- MAD
- PALE
- PANICKY
- SCARED
- SHAKY
- UNDONE
- UNGLUED
- UNNERVED
- WEAK
- WORRIED

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E L P I N L I E R E
U M A D A A W I I A
N T O P R A G R N R
N N N F A H T R G F
E I A M T N Y O I U
R A M E U M I W N L
V F N E H S A C G M
E E R I E W E A K Y
D E R A C S H A K Y

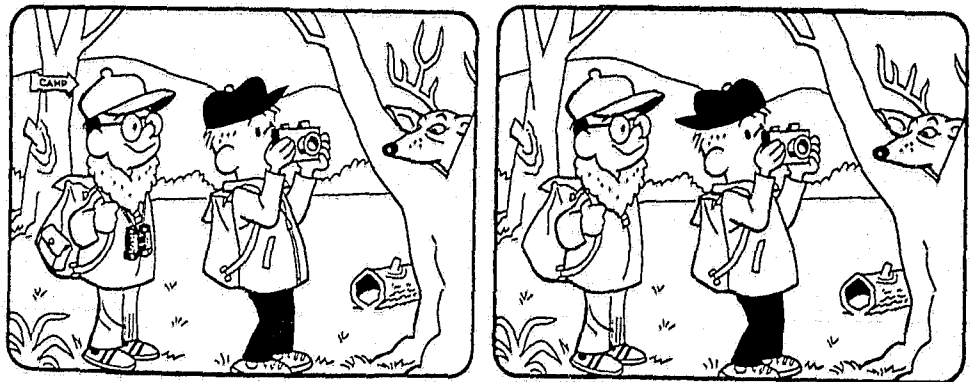
Riddle Answer: _____!

For more puzzle fun, go to www.braintzles.com

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



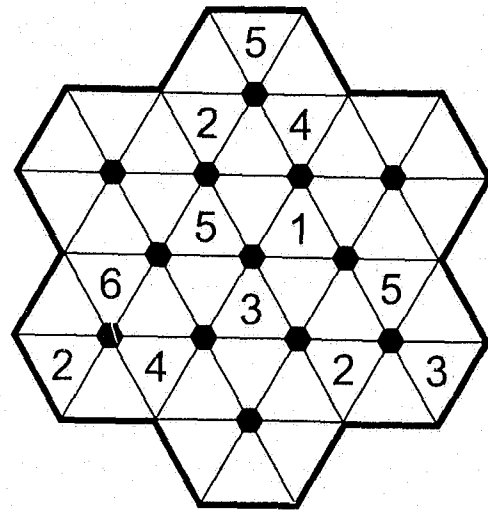
- 1. Sign is missing. 2. Pocket is missing. 3. Binoculars are missing.
- 4. Cap is reversed. 5. Zipper is missing. 6. Antler is different.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the number 1-6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.

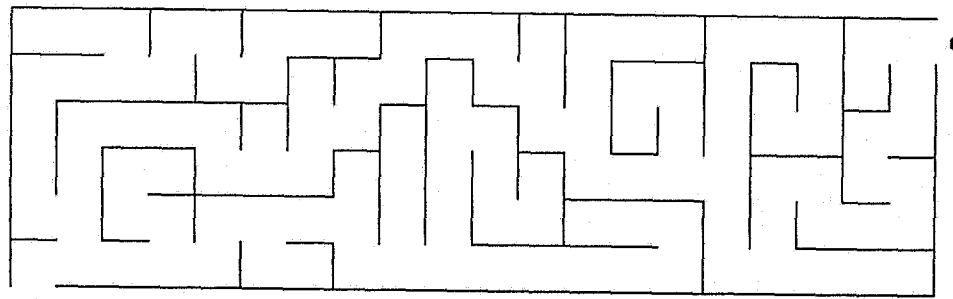


DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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Kids' Maze

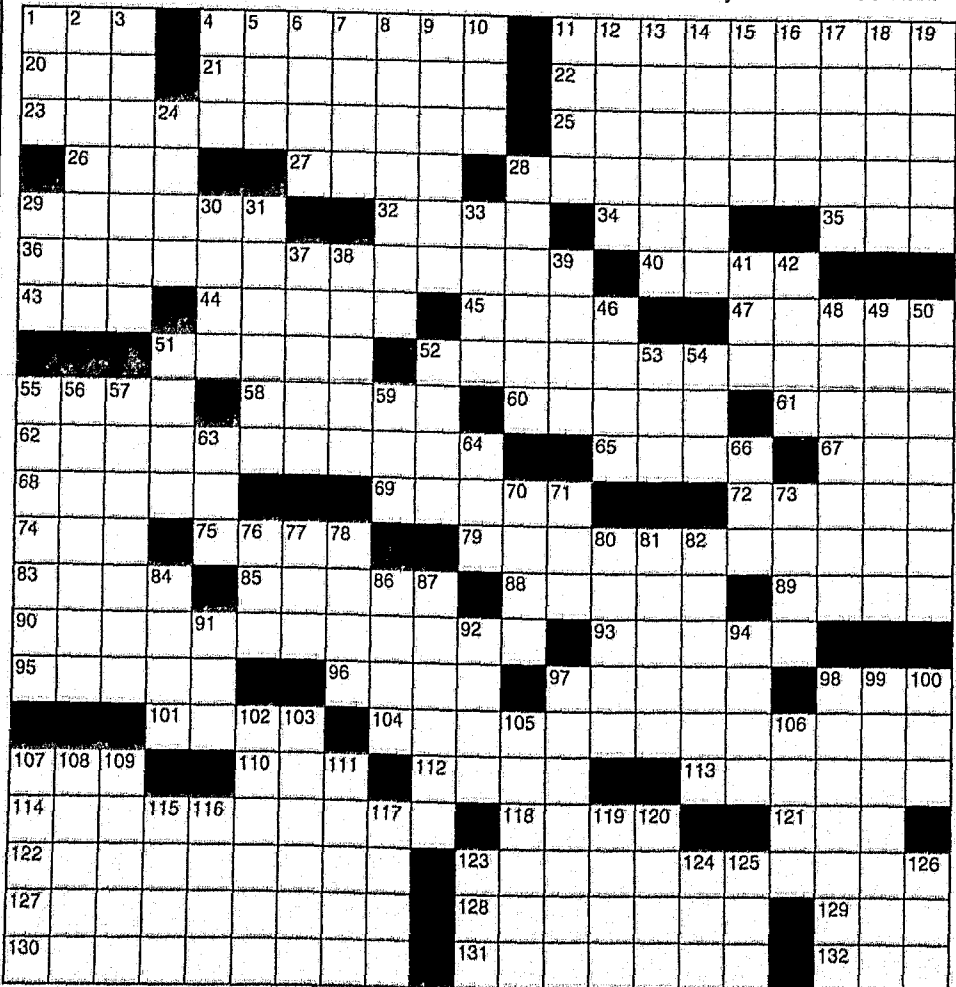


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Super Crossword

X-CHANGING

- ACROSS
- 1 Original text: Abbr.
 - 4 Navy VIP
 - 11 Soda giant
 - 20 Kwik-E-Mart clerk
 - 21 In a very angry way
 - 22 "East of Eden" director
 - 23 Jagger and Fleetwood out in a blizzard?
 - 25 Stencil work
 - 26 Inflated self
 - 27 Pay to play
 - 28 Bags used by some opera stars?
 - 29 Faunae counterparts
 - 32 Top draft status
 - 34 Santa — wind
 - 35 Kit — bar
 - 36 King of Thebes gets info a crash?
 - 40 Job detail, briefly
 - 43 Tragedy areas, briefly
 - 44 Perform the duties of
 - 45 2.0 grades
 - 47 Tibetan city
 - 51 Shia's god
 - 52 Golf course on another planet?
 - 55 Concerning
 - 58 Massey of film
 - 60 Knight's mount
 - 61 "Take — from me..."
 - 62 Fumigated hair?
 - 65 Pageant adornment
 - 67 Palindromic "before"
 - 68 Silk alternative
 - 69 Opposite of east, in Spanish
 - 72 Of a forearm bone
 - 74 Suffix with 26-Across
 - 75 Actress Teri
 - 79 Dixie rodeo horses?
 - 83 Former New York stadium
 - 85 Is lionlike
 - 88 Nasty one
 - 89 Impostor
 - 90 Hits from a logghead?
 - 93 Inserted bud
 - 95 — Gyra
 - 96 Delhi dress
 - 97 Caffe about
 - 98 Suffix with sheep or owl
 - 101 Just barely
 - 104 Nails for company use?
 - 107 Solicit
 - 110 Rocker Ocasek of the Cars
 - 112 Cellar, in real-estate ads
 - 113 Ump's shout
 - 114 Spanish boy grades test papers?
 - 118 Hurts
 - 121 Little hotel
 - 122 Obsessive zeal for a single thing
 - 123 Big trucks for company use?
 - 127 Have supper
 - 128 Like a hand with fingers spread
 - 129 180 hung by a motorist
 - 130 Most hazardous icy
 - 131 Flabuffed
 - 132 Tpk., e.g.
 - 137 Shower area
 - 4 With 5-Down, hang on a clothesline
 - 5 See 4-Down
 - 6 Papa's other half
 - 7 "To put — a nutshell..."
 - 8 Pastors
 - 9 Ethylene or propylene
 - 10 Fleur-de—
 - 11 Soccer icon
 - 12 Kagan of the Supreme Court
 - 13 Rock climbers' spikes
 - 14 Petty tyrant
 - 15 Prez Eisenhower and singer
 - 16 Irene of "Fame" fame
 - 17 Novelist Cynthia
 - 18 Sn —
 - 19 Teen turmoil
 - 24 TV actress
 - 28 Givers' Spelling
 - 29 Rival
 - 30 "Be — and help me out!"
 - 31 Big name in ancient geometry
 - 33 Nero's "Lo!"
 - 37 Shower area
 - 38 Western cry
 - 39 Split-off group
 - 41 Pipe shape
 - 42 Poited "pet" half
 - 46 Drags to court
 - 48 Rabbit ears
 - 49 Downriller's accessory
 - 50 Attack with evil reports
 - 51 Golfer Isao —
 - 52 Create
 - 53 Irish actor
 - 54 QB's pickups
 - 55 Aids
 - 56 Bad traffic accident
 - 57 Walking shakily
 - 59 S.Sgt., e.g.
 - 63 He was attached to
 - 64 Leaky tire sound
 - 66 "Ben—" (1959)
 - 70 Exceeds
 - 71 Spain loc.
 - 73 Hay holder
 - 76 "Chances —"
 - 77 Pull an oar
 - 78 Fan noises
 - 80 Big striped cat, in Spain
 - 81 Grinders
 - 82 Saucy
 - 84 Razor name
 - 86 Broccoli —
 - 87 Surgeon's duds
 - 91 Filming area
 - 92 Lip smack
 - 94 Fancy party
 - 97 Fighting a common viral illness
 - 98 "Agreed"
 - 99 Kept from scoring any points
 - 100 Pres. after FOR
 - 102 Fashion giant Giorgio
 - 103 Senator Feinstein's declaration
 - 106 Song in an opera
 - 107 Pinnacles
 - 108 Tideland
 - 109 Kunta —
 - 111 Blubbers
 - 112 Body of laws
 - 116 Not include
 - 117 Go —
 - 119 Bird's perch
 - 120 Natural wound cover
 - 123 Photo — (Kodak moments)
 - 124 Summer, in Lyons
 - 125 Sm.-lge. link
 - 126 The "S" of DOS: Abbr.

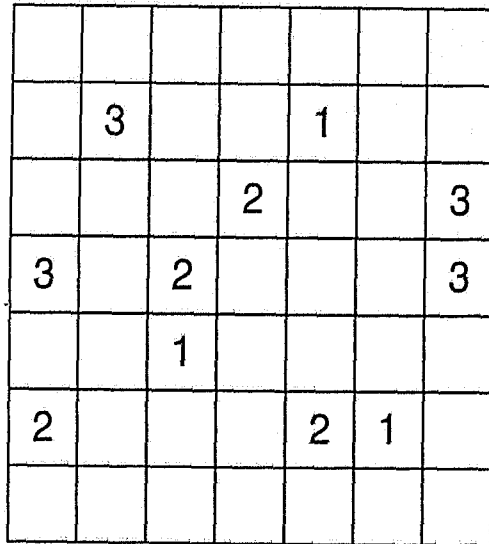


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Star★Map

By Linda Thistle

Draw a star in exactly 10 of the empty squares in the diagram so that each numbered square accurately indicates how many immediately adjacent squares (horizontally, vertically or diagonally) contain a star.

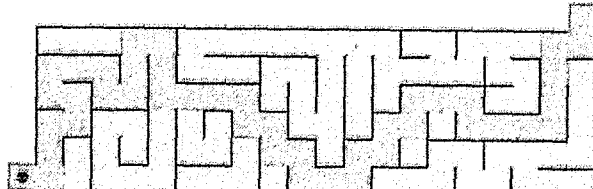


DIFFICULTY: ★★

★ Easy ★★ Moderate ★★★ YOWZA!

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Kids' Maze Solution

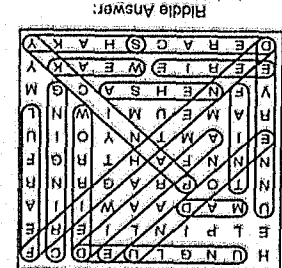
NERVOUS

Today's Word:

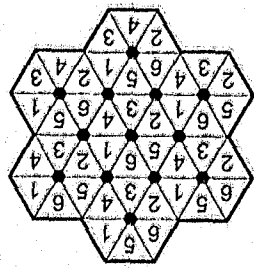
3. Verber, 4. Repose

1. Hunger, 2. Settle

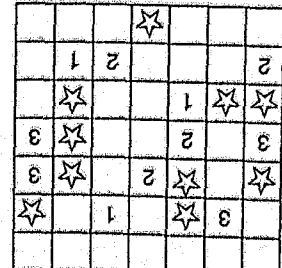
SCRAMBLERS



Answer



solution



solution

Star★Map

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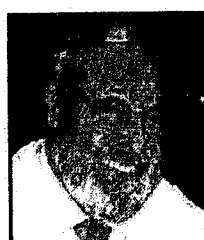
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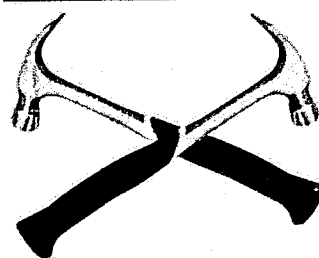
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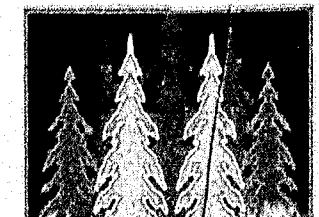
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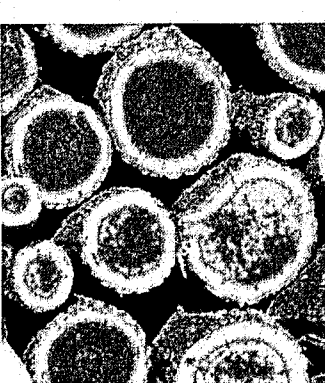
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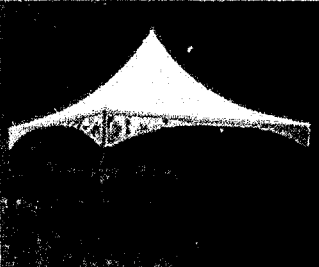
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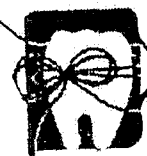


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All bids must be submitted in a sealed envelope clearly marked iBid for 1985 John Deere 410B and mailed to the Town of Greenwood, 9 Bird Hill Road, Greenwood, ME 04255 no later than 4:00pm on February 27, 2013. Bids will be opened at the Town Office on February 27, 2013 at 4:15pm. The Towns of Greenwood & Woodstock reserve the right to reject any and/or all bids.

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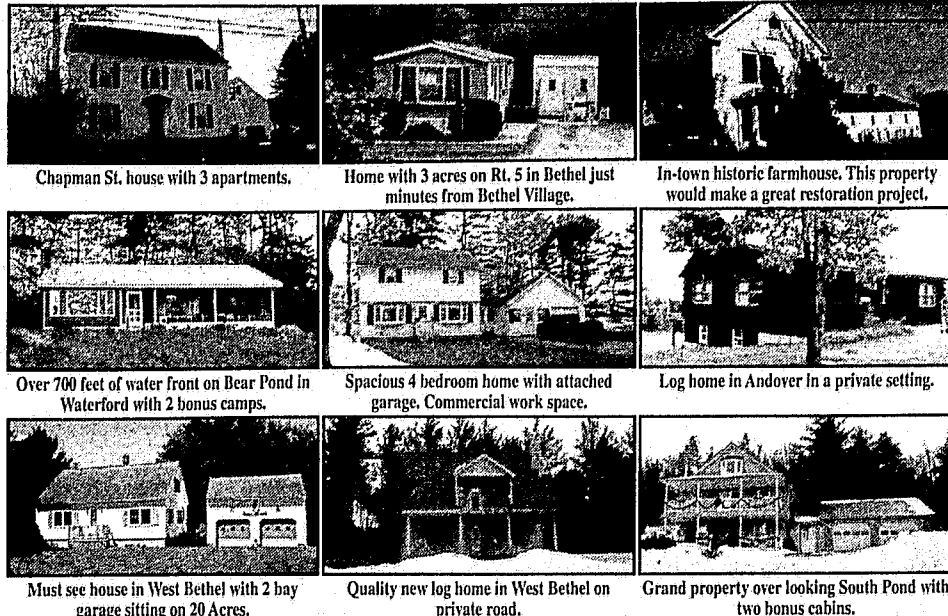
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- Hunts Corner Road lot Albany 5 acres
- Lot 18 on Poland Rd, Milton
- Paris Rd in Bethel house lot 8 acres
- Baker Road 6 plus acres in Albany
- 197 acres just off North Road
- Mayville Road lot 1 acre great location
- House lot at Pine Bluff in West Bethel
- In town lot on Summer Street
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Charming Chalet ~ 370 Howe Hill Road, Greenwood \$125,000
Sunny Chalet w/Garage ~ 6 Poplar Road, Greenwood \$219,900
Cozy Ski Chalet ~ 30 Cemetery Road, Greenwood \$134,500
2 Unit Home ~ 303 Main Street, Greenwood \$129,000

Friday Feb 22nd Sunday River Road Area 3-5 pm
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Sunday Feb 24th Mt Abram Resort Area 1-3 pm
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Obituaries

JEANNE L. WHITTEMORE

Jeanne L. Whittemore, a devoted daughter, sister, wife, mother, aunt, friend and Nana, passed away on Sunday, Feb. 10, 2013, at her residence at 98 Main Street, Norway, lovingly cared for by her daughter-in-law, Berdina, and close friend, Ruth Sherman.

She was born on May 12, 1935, daughter of the late Conrad and Celia (Smith) Lamb, West Paris. She graduated from West Paris High School in 1953. She worked at Stephens Memorial Hospital in central supply for three years, Sanborn Motor Express for 22 years and retired from Ed Thayer Trucking after 10 years.

She was a member of T.O.P.S. since 1988; she enjoyed line dancing with the Razzle Dazzle Line Dancers. She was a member of the American Legion Auxiliary 082, Norway.

She loved singing and sang in the choir at the South Paris Universalist Church, of which she was a member.

She was a director of the Oxford County Fair and was secretary for two years. She volunteered for many years at the fairgrounds, mostly painting buildings, etc. She wanted to see the fair improve and

to see a race track and she saw all this happen.

She was an avid Red Sox fan. She and Phillip enjoyed their motor home and traveled out West and to Nashville, Tenn. She and her sister camped at Fryeburg Fair for 26 years during their vacations.

Jeanne married Phillip Whittemore on June 19, 1955. They were blessed with two sons, Wayne and Blaine. Wayne's wife, Berdina, was like their own daughter.

The most precious person that entered her life was Christopher, her grandson. He was her only grandchild, she adored and spoiled him. He helped her so much taking care of Phillip.

Jeanne is survived by her sons, Wayne and Blaine; daughter-in-law, Berdina; grandson, Chris; brother, J. Hayward Lamb and his wife, Mary, of Charleston, S.C.; sister, Elaine Blossom of North Branford, Conn.; sisters-in-law, Joyce Lamb of West Paris, Cynthia Lamb of Locke Mills and Jennie Lamb of Philadelphia, Pa.; many nieces and nephews; close friend, Ruth Sherman; and best friend, Suzanne Grover.

She was predeceased by her husband, Phillip, who passed away Nov. 21; and her three brothers, New-

ton, Stanton and Sayward Lamb.

Online condolences may be expressed to the family at www.oxfordhillsfuneralservices.com.

Family and friends are invited to attend a memorial service at 2 p.m. Sunday, Feb. 17, at the First Universalist Church, South Paris.

Donations in Jeanne's memory may be made to the First Universalist Church, 36 Pine Street, South Paris, ME 04281.

LYMAN C. WING

Lyman C. Wing, 74, died Sunday, Feb. 10, 2013 at Ledgerview Living Center, West Paris.

He was born in Woodstock on March 14, 1938, the son of Lyman and Viola Wing.

A lifetime lover of music, he learned to play the guitar at age 10.

He is survived by his sister, Patricia W., and her husband, Richard E. Mayberry of Norway; and a son, Brad, of Portland.

He was predeceased by his sister, Priscilla; and his parents.

Online condolences may be shared with his family at www.chandlerfunerals.com.

At his request, there will be no services. Interment will be at Gracelawn Memorial Park in Auburn.

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'What do you do for fun?'

We missed Kristie and thought of her as we walked around the trails. As we had cut the wood we had laid out roads careful, not only for ease in getting the wood out, but for future riding paths. Soon our two horses had another stable mate.

A mamma came from town asking advice from B.B. about getting a horse for her teenage daughter, Eileen. B.B. had no time to shop with her. He asked her if Eileen could ride. Mamma replied only a very little and no one in the family knew anything about horses. She was a rare avis indeed, free from all the myths that cause difficulties. She had none of the mysterious alchemy of parenthood that makes a child seem much more proficient than he is. She did not believe that a child and a young horse did best growing up together, but knew that one of them should be trained. She realized that riding was an art to be learned and it was a slow process. B.B. knew that she could go shopping alone. He advised her to go to a reputable dealer that he knew, tell him the exact truth and throw herself upon his mercy to provide her with a suitable horse for a beginner. She went and came back with Eileen and Apache.

Apache was not beautiful, except to Eileen. He was a tough little Western paint with a kind disposition but who knew how to take care of himself, if need be. The agreement was that he would stay with us for a bit and Eileen would ride here. If Eileen could learn to manage him by herself, she could keep him for her own. She was an ideal pupil who did exactly what she was told to do, even if it pained her. Best of all, she had natural tact with an animal. Apache had a few foibles, as all horses have. He would try a gentle kick when the saddle cinched by Eileen, with tears in her eyes, would give him a smart slap on the rump, and soon he stopped this maneuver. Then he would go a short distance down the road and then pretend to balk. Eileen learned to keep him turning in a circle until he went on cheerfully. In less than a month, she proudly took him home.

Next August came Beth with a dainty chestnut mare on trial that she had her heart set on buying. B.B. helped her unload, found some gear to fit and Beth mounted. Quietly and well-mannered, she went down the road but as soon as Beth turned her back, she galloped at top speed and did not stop until inside the barn. A cardinal rule on Celladore was always to stop your horse and dismount outside the barn door. Father, Mother and Grandmother all were watching. B.B. sent Beth to try it again; she was game, though a bit scared. The mare repeated her performance.

"You get on, Louis," said B.B. to the father. "Ride her down as far as the Dow lot road, turn her and make her gallop all the way back."

Louis hadn't been on a horse since he was a boy thirty years ago in Canada, but he went. The little mare came back with no sign of wanting to lessen her pace. "Do it again," said B.B. Halfway back, she tried to slow up a bit, but Louis drove her on. She came back docilely and stood quietly for Louis to dismount. Then Beth tried it, only going half the distance. Back she came headlong into the barn again. B.B. said nothing.

"What do you think?" said Louis. No answer. "What about Beth?" said Louis. The women all chattered.

B.B., forced, said, "Not a horse for a beginner; she's obviously been doing this for a long time." Admitted Louis, "That's what the girl who owns her has been letting her do."

Beth protested that she still wanted the horse. B.B. said she could come back and try again the next day but she was just wasting her time. Soon the mare went home. B.B. went shopping with the family and came back with Princess.

Mindy K. Gilbert

Nov. 13, 1961-Feb. 10, 2003

Ten years is such a long time of not talking, seeing that smile that lights up a room when you walked in, and the bear hug that would lift me off my feet. Those of us who love you and miss you carry you in our hearts always.

Mum

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Sincerely, Thirza Herrick

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